



# THE doTERRA® STORY

In the spring of 2008, a group of health-care and business professionals who shared profound personal experiences with the life-enhancing benefits of essential oils came together with a common vision of bringing a new standard of essential oils to the world. They wanted something different that would appeal to all people, from those who knew nothing of essential oils to those who were considered experts in the field.

They asked themselves some defining questions: "What if we could provide the world with a new and powerful wellness alternative?" "What if we could provide this new level of wellness through a mainstream approach to essential oils?" "What if we could source, test, and manufacture a higher quality of essential oil—more pure and more potent than any other oil available on the market today?" "What if we, in the most professional manner, could partner with major hospitals, doctors, scientists, and opinion leaders to provide the most compelling authentication of essential oils on the planet?"

They concluded that, with the hard work and commitment of others who had a similar passion and vision, they could and would create a new paradigm for essential oils. With that conviction, they organized a company and named it doTERRA, a Latin derivative meaning "Gift of the Earth." The first doTERRA offering of 25 single oils and 10 oil blends was introduced for sale on April 25, 2008, to the acclaim of essential oil experts and product enthusiasts who immediately recognized the superior quality of doTERRA therapeutic-grade essential oils.

dōTERRA has continued to add wellness products and to expand their essential oils offering as the company has enjoyed tremendous growth since its beginning.

# **OUR MISSION**

WE AT dŌTERRA ARE COMMITTED TO SHARING THE LIFE-ENHANCING BENEFITS OF THERAPEUTIC-GRADE ESSENTIAL OILS WITH THE WORLD. WE WILL DO THIS BY:

- Discovering and developing the world's highest-quality essential oil products through a leveraged network of highly-educated and experienced botanists, chemists, health scientists, and health-care professionals.
- Producing our essential oil products to the highest standard of quality, purity, and safety used in the industry—CPTG Certified Pure Therapeutic Grade®.
- Distributing our products through Wellness Advocates who, working from home, introduce, educate, and sell doTERRA wellness products locally through person-to-person contact and globally through personalized web shopping sites.
- Providing educational opportunities for all people interested in learning how therapeutic-grade essential oils can be used as a self-care wellness alternative.
- Bringing together health-care professionals of traditional and alternative medicine to encourage further study and application of essential oils in modern health-care practices.







COPAIBA ESSENTIAL OIL PAGE 14







dōTERRA TOUCH PAGE 24









TO ORDER: doterra.com 1-800-411-8151

Advocate who provided you with this product guide or call 1-800-411-8151 to find an advocate in your area. Wellness Advocate distributorships are available.

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Essential oils are natural aromatic compounds found in the seeds, bark, stems, roots, flowers, and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils can lift the mood, calm the senses, and elicit powerful emotional responses. Yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures for their health-promoting properties. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. Many have powerful cleansing properties. Their unique chemical structure allows them to deliver targeted benefits through topical application. Certain oils may be used as dietary aids to promote vitality and well-being.

### **Extraction Methods**

Essential oils are most often extracted via a low-heat steam distillation process in which steam is circulated under pressure through plant material, liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release the valuable oil; too much can fracture an extract's delicate chemical composition and alter its potency.

Equally important to the carefully controlled extraction process, the meticulous selection of correct plant species and plant parts harvested at the perfect moment when their essential oil compounds are most concentrated, is also required for a quality therapeutic-grade essential oil extract. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.











# CPTG Certified Pure Therapeutic Grade®

dōTERRA® CPTG Certified Pure Therapeutic Grade essential oils are pure, natural, aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and are free of contaminants or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of the oils' active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade, and some may be pure, but few are subjected to rigorous testing standards for chemical composition. doTERRA CPTG Certified Pure Therapeutic Grade essential oils are cross tested using Mass Spectrometry and Gas Chromatography to ensure both the extract purity and composition potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in ideal environments, and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition. doTERRA CPTG Certified Pure Therapeutic Grade essential oils represent the safest and most beneficial oils available in the world today.

**CPTG** Certified Pure Therapeutic Grade®

Most tested, most trusted.



Equally stringent standards of safety and efficacy are applied to all doTERRA Essential Wellness products. Guided by our Scientific Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain \*GMP certification and enjoy industry reputation for superior innovation and quality. Each doTERRA product is guaranteed to exceed customer satisfaction and performance expectations.







### Uses

Essential oils are used for a very wide range of emotional and physical wellness applications. They can be used singly or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as dietary supplements. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are naturally safe and have few, if any, undesirable side effects when used as directed. They are, however, powerfully concentrated and should be used with care. Be sure to use only pure essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, apply a vegetable oil such as Fractionated Coconut Oil to the affected area—water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor's care.

Look for the following symbols by the essential oil product descriptions in this product guide to help you with your oil selection. (Use instructions and appropriate cautions included on individual essential oil labels.)

Please note, some products can be used in multiple ways. Statements with asterisks refer to internal use of products.

The dōTERRA® network of botanical growers and distillers spans the globe from Italy to Madagascar, India to Corsica. Only the purest and most potent essential oils meet our strict CPTG Certified Pure Therapeutic Grade® standards. Accept nothing less from your wellness professional or for your family.

### **APPLICATION METHODS**

- A Can be used aromatically
- Can be used topically
- Can be used internally

### SKIN SENSITIVITY

- N Can be used topically with no dilution (NEAT)
- S Dilute for young or sensitive skin (SENSITIVE)
- Dilute before using topically (DILUTE)

# Where do I BEGIN?

Using essential oils is intuitively simple and highly satisfying. However, the many oils available with their numberless combinations and wellness applications can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon, and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the lifeenhancing properties of essential oils.



# INTRODUCTION TO ESSENTIAL OILS KIT

TOP SELLE

Perfect for beginners, the Introduction to Essential Oils Kit is everything you need to get started experiencing immediately the life-changing benefits of doTERRA® essential oils. The kit includes:

- Lavender essential oil (5mL bottle)
- Lemon essential oil (5mL bottle)
- Peppermint essential oil (5mL bottle)
- List of suggested uses for each oil

60202952	Three 5mL bottles	
\$26.67 retail	\$20.00 wholesale	15 PV



### LAVENDER Lavandula angustifolia

- Apply to the bottom of feet or on a pillow before sleeping
- Use with bath salts for a relaxing spa bathing experience
- Lightly apply to soothe sun-exposed skin
- · Apply to back, hands, or feet of a restless or agitated child
- Use to calm and soothe occasional skin irritations
- Calm sensitive skin and soothe pores after hair removal
- Apply to dry, chapped lips before applying lip balm
- Use with Peppermint for a healthy scalp massage
- Add to lotion for a stress-relieving hand massage

### LEMON Citrus limon

- Add a drop to a water bottle or to water served at a restaurant
- Diffuse aromatically or apply topically for mood elevation
- Add to drop of honey and take internally to soothe throat\*
- Dilute with coconut oil for a daily fingernail conditioning massage
- Add a drop of Lemon and Peppermint to your toothbrush after use
- Diffuse in a room to neutralize odors
- Remove gum, label adhesives, and greasy substances from fabric
- $\bullet$  Use to clean kitchen counters and stainless steel appliances
- · Add to olive oil for a non-toxic furniture polish

### PEPPERMINT Mentha piperita

- $\bullet$  Take one drop internally to calm occasional indigestion or upset stomach  $\!\!\!^*$
- $\bullet$  Use with Lemon in water for a healthy, refreshing mouth rinse
- Diffuse aromatically or apply topically for an invigorating vapor
- Add to a cold water compress or foot bath to cool off when overheated
- Inhale as a non-stimulant, invigorating pick-me-up on long drives
- Add to shampoo and conditioner for a stimulating hair and scalp massage
- Use internally with Lavender and Lemon to protect against seasonal threats\*
- Diffuse during study time

# **ESSENTIAL OIL SINGLES**

The doTERRA® collection of single essential oils represents the finest aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalized essential oil benefits.

### **ARBORVITAE**

**ESSENTIAL OIL** 

Thuja plicata





Known as the "tree of life," Arborvitae is majestic in size and abundant in benefits.

- Helps promote clear and healthy-looking skin
- Powerful cleansing and purifying agent
- Naturally repels insects

49360001	5mL bottle	
\$29.33 retail	\$22.00 wholesale	22 PV

### BASIL

**ESSENTIAL OIL** 

Ocimum basilicum





Valued for its restorative effects, Basil is also commonly used for its calming properties.

- Helps to keep your skin looking clean, clear, and healthy
- Promotes mental alertness and lessens anxious feelings
- Supports cardiovascular and nervous system

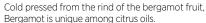
30010001	15mL bottle	
\$26.67 retail	\$20.00 wholesale	20 PV

### BERGAMOT

ESSENTIAL OIL

Citrus bergamia





- Calming and soothing aroma
- Frequently used in massage therapy for its calming benefits
- Apply to the skin while showering and inhale deeply to experience its calming aroma while enjoying its purifying skin benefits

30790001	15mL bottle	
\$36.67 retail	\$27.50 wholesale	27.5 PV



### **BLACK PEPPER** ESSENTIAL OIL

Piper nigrum







Stimulating and flavorful, Black Pepper enhances any dish-and your health.

- Provides antioxidant support\*
- Supports healthy circulation\*
- Diffuse or inhale directly to soothe anxious

41040001	5ml hottle	
\$29.33 retail	\$22.00 wholesale	22 PV

# ESSENTIAL OIL

Tanacetum annuum



Blue Tansy essential oil, which comes from the annual yellow-flowered Mediterranean plant, is high in chamazulene and sabinene. An important oil in the doTERRA Deep Blue blend, Blue Tansy is soothing to mind and body.

- · Add a drop to a palm full of lotion and enjoy a therapeutic massage experience after a hard workout
- Its beautiful, deep, rich blue color may stain surfaces, fabrics, and skin, so careful use and dilution is recommended

60203383	5mL bottle	
\$126.67 retail	\$95.00 wholesale	95 PV

APPLICATION METHODS 🗚 Can be used aromatically 🔳 Can be used topically 🕕 Can be used internally

**CPTG** Certified Pure Therapeutic Grade

### CARDAMOM

ESSENTIAL OIL

Elettaria cardamomum







- systems.\* • Helps ease indigestion and maintain overall gastrointestinal health\*
- Promotes clear breathing and maintains respiratory health
- Flavorful spice for cooking and baking

49350001	5mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV

### **CASSIA**

**ESSENTIAL OIL** 

Cinnamomum cassia







A close relative to cinnamon, Cassia has a wonderful fragrance and thousands of years of historical use.

- · Take one to two drops internally to promote healthy cardiovascular system function\*
- Promotes healthy digestion\*
- · May help support healthy immune system function\*

30020001	15mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

### **CEDARWOOD**

ESSENTIAL OIL

Juniperus virginiana





Cedarwood has a warm, woody, balsamic fragrance that promotes relaxation.

- During your facial routine, add one to two drops of Cedarwood to your facial toner or moisturizer for added clarifying properties
- · Add to mulch or topsoil to repel insects
- Promotes relaxation

49300001	15mL bottle	
\$17.33 retail	\$13.00 wholesale	13 PV

### **CILANTRO**

**ESSENTIAL OIL** 

Coriandrum sativum







From the leaves of the coriander plant, Cilantro essential oil is commonly used for its fresh and tasty flavor.

- · Supports healthy digestion\*
- Place one to two drops in a doTERRA Veggie Cap to experience Cilantro's cleansing and detoxifying effect\*
- · For a fresh, herbal aroma, diffuse three to four drops of Cilantro with the citrus essential oil of your choice

41850001	15mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV

### CINNAMON BARK

ESSENTIAL OIL

Cinnamomum zeylanicum





Well-known for its use as a spice, Cinnamon also has many health-promoting benefits.

- Place one drop of Cinnamon essential oil in hot water or tea and drink slowly to soothe your throat\*
- · Add to your favorite recipes in place of ground cinnamon for a delightfully spicy flavor
- · Supports healthy metabolic function\*

30030001	5mL bottle	
\$28.00 retail	\$21.00 wholesale	21 PV

### **CLARY SAGE**

**ESSENTIAL OIL** 

Salvia sclarea





Clary Sage is known for its soothing and calming properties.

- · During your menstrual cycle, apply to abdomen for a soothing massage
- · Combine with Roman Chamomile and add to bath water for a stress-relieving bath
- · Promotes healthy-looking hair and scalp

30420001	15mL bottle	
\$48.67 retail	\$36.50 wholesale	36.5 PV

### **CLOVE**

ESSENTIAL OIL

Eugenia caryophyllata







Known as a popular cooking spice, Clove has many beneficial uses.

- · Promotes healthy teeth and gums
- · Powerful antioxidant properties\*
- · Supports cardiovascular health\*

30040001	15mL bottle	
\$18.67 retail	\$14.00 wholesale	14 PV

### COPAIBA NEW!

ESSENTIAL OIL

Copaifera reticulata, officinalis, coriacea, and langsdorffii







Copaiba, similar to Black Pepper, can help soothe anxious feelings and, when taken internally, supports a healthy immune and cardiovascular system.\*

- · Provides antioxidant support\*
- Helps soothe and support the nervous system\*
- Promotes clear, smooth skin and reduces the appearance of blemishes

60202178	15mL bottle	
\$46.67 retail	\$35.00 wholesale	35 PV

### **CORIANDER**

**ESSENTIAL OIL** 

Coriandrum sativum









- Place two to three drops in a doTERRA Veggie Cap and take internally to promote digestion\*
- · Add to oily skin to maintain a clear complexion
- · After a short workout, apply Coriander to legs for a soothing massage

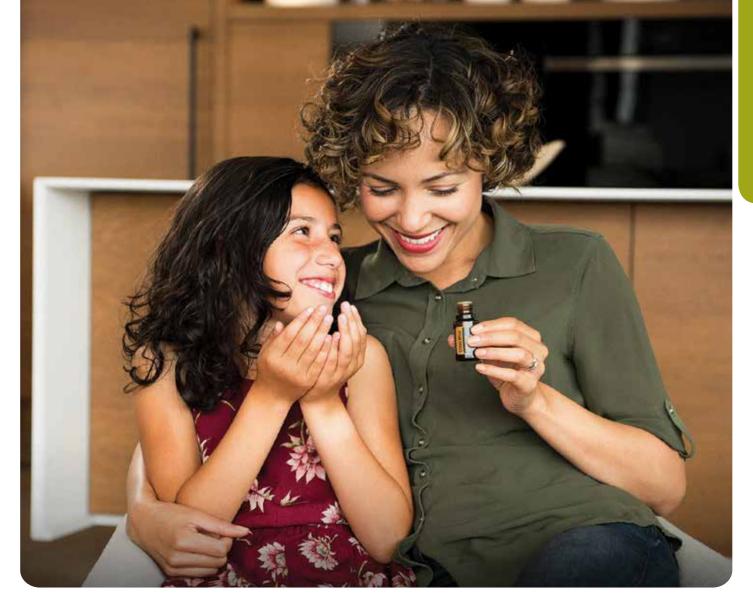
30780001	15mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV





dōTERRA Frankincense essential oil is steam distilled from wildcrafted gum resins of the Boswellia carterii, frereana, and sacra trees. Highly prized in the ancient world for its fragrant and healthpromoting properties, it is a favorite among modern wellness practitioners for its many emotional and physical health applications.





"I knew almost immediately after uncapping the lid that Juniper Berry would become one of my favorite essential oils. When I am under stress, it is my go to oil to diffuse. The crisp smell of nature compacted into a small glass bottle doesn't get any better!"

Caitlyn C., Chester, Virginia

### **CYPRESS**

ESSENTIAL OIL

Cupressus sempervirens





Distilled from the twigs and foliage of the cypress tree, Cypress essential oil is popular for its energizing properties and use in spas.

- Prior to a long run, apply Cypress to your feet and legs for an energizing boost
- Apply two to three drops to chest to promote vitality and energy
- Add one to two drops to your toner to help improve the appearance of oily skin

30050001	15mL bottle	
\$20.67 retail	\$15.50 wholesale	15.5 PV

### **DOUGLAS FIR**

ESSENTIAL OIL

Pseudotsuga menziesii





dōTERRA Douglas Fir is sustainably sourced from young, pre-coning trees, giving it a chemical composition that's particularly rich in beta-pinene and esters.

- Add to facial cleanser, bar soap, or body wash for added cleansing benefits and an invigorating aroma
- Promotes feelings of clear airways and easy breathing
- Uplifts mood and promotes a sense of focus
- Promotes feelings of clear airways and easy breathing

31590001	5mL bottle	
\$26.00 retail	\$19.50 wholesale	19.5 PV

### **EUCALYPTUS**

**ESSENTIAL OIL** 

Eucalyptus radiata





Derived from eucalyptus leaves, Eucalyptus essential oil has many beneficial compounds.

- · Place one to two drops in your hand and inhale deeply to clear the mind
- · Add one drop to moisturizer and apply to skin for revitalizing benefits
- · Promotes feelings of clear breathing

30060001	15mL bottle	
\$18.67 retail	\$14.00 wholesale	14 PV

**APPLICATION METHODS** (A) Can be used aromatically (1) Can be used topically (1) Can be used internally

SKIN SENSITIVITY No Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)

### **FENNEL (SWEET)**

ESSENTIAL OIL

Foeniculum vulgare





Used for centuries, Fennel provides many health benefits and has a distinct licorice aroma.

- Supports a healthy respiratory system\*
- Take internally to promote healthy digestion\*
- May help promote healthy metabolism, liver function, and circulation\*

41290001	15mL bottle	
\$20.00 retail	\$15.00 wholesale	15 PV

### **FRANKINCENSE**

ESSENTIAL OIL TOP SELLER

Boswellia carterii, frereana, and sacra







Perhaps the most precious of the ancient oils, Frankincense is highly versatile in uses and benefits.

- Add to moisturizer to help reduce the appearance of skin imperfections and rejuvenate skin
- Take one to two drops in a veggie capsule to support healthy cellular function\*
- Apply to the bottom of feet to promote feelings of relaxation and to balance mood

30070001	15mL bottle	
\$93.00 retail	\$69.75 wholesale	69.75 PV

### **GERANIUM**

**ESSENTIAL OIL** 

Pelargonium graveolens





Known for its ability to balance emotions, Geranium is also a common ingredient in skin care products.

- · Apply directly to skin or enjoy an aromatherapy steam facial to beautify skin
- · Apply to skin after showering for a smoothing
- · Add a few drops to your shampoo or conditioner for a healthy, vibrant glow

30090001	15mL bottle	
\$36.00 retail	\$27.00 wholesale	27 PV

### **GRAPEFRUIT**

**ESSENTIAL OIL** 

Citrus X paradisi







Energizing and invigorating, Grapefruit is renowned for its cleansing effects.

- Improves the appearance of blemishes
- Diffuse while dieting to increase motivation
- Add one to two drops to your water to support a healthy metabolism\*

30100001	15mL bottle	
\$21.33 retail	\$16.00 wholesale	16 PV

### **GINGER**

### **ESSENTIAL OIL**

Zingiber officinale







Ginger is most noted for its sweet flavoring and positive effect on the digestive system.\*

- May help reduce occasional nausea\*
- May help support healthy digestion\*
- May help reduce bloating, gas, and occasional indigestion\*

31630001	15mL bottle	
\$52.00 retail	\$39.00 wholesale	39 PV



### **HELICHRYSUM**

### ESSENTIAL OIL

Helichrysum italicum







Distilled from the flower cluster of an evergreen herb, Helichrysum is one of the most precious and soughtafter essential oils.

- · Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion
- · Massage into the temples and back of neck for a soothing sensation

30410001	5mL bottle	
\$100.00 retail	\$75.00 wholesale	75 PV

### JUNIPER BERRY

### ESSENTIAL OIL

Juniperus communis









- · Supports healthy kidney and urinary tract function\*
- · Acts as a natural skin toner
- Acts as a natural cleansing and detoxifying agent\*
- Add one to two drops to water or citrus drinks as part of a natural cleansing regimen\*

49290001	5mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

### LAVENDER

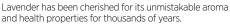
ESSENTIAL OIL TOP SELLER

Lavandula angustifolia









- Widely used for its calming and relaxing qualities
- Take internally to reduce anxious feelings\*
- Soothes occasional skin irritations
- · Take internally for a peaceful sleep\*

30110001	15mL bottle	
\$28.00 retail	\$21.00 wholesale	21 PV

### **LEMON**

ESSENTIAL OIL TOP SELLER











- · Cleanses and purifies the air and surfaces
- · Naturally cleanses the body and aids in digestion\*
- · Supports healthy respiratory function\*
- · Uplifting aroma promotes a positive mood

30120001	15mL bottle	
\$13.33 retail	\$10.00 wholesale	10 PV



### Lavender

Known for its many calming properties, Lavender is the most widely used essential oil in the world. It takes over 60 pounds of lavender flower tops to produce just 16 ounces of therapeutic-grade essential oil.

### **LEMONGRASS**

### ESSENTIAL OIL

Cymbopogon flexuosus







Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many health-promoting benefits.

- · Use to flavor entrées and meat dishes while promoting healthy digestion\*
- Combine with a carrier oil for a soothing
- Promotes healthy digestion and acts as an overall tonic to the body's systems\*

30130001	15mL bottle	
\$13.33 retail	\$10.00 wholesale	10 PV

### LIME

### **ESSENTIAL OIL**

Citrus aurantifolia







The sharp, citrus smell of Lime makes it a must-have in any essential oils collection.

- Supports healthy immune function\*
- · Positively affects mood with stimulating and refreshing properties
- Used as an aromatic, topical, and internal cleanser\*
- Promotes emotional balance and well-being

30870001	15mL bottle	
\$17.33 retail	\$13.00 wholesale	13 PV

### **MARJORAM** ESSENTIAL OIL

Origanum maiorana





Also known as "wintersweet" or "joy of the mountains," Marjoram has both culinary uses and healthful benefits.

- · Valued for its calming properties and positive effect on the nervous system\*
- Supports a healthy immune system\*
- May promote healthy cardiovascular system function\*

30140001	15mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

### MELALEUCA (TEA TREE)

ESSENTIAL OIL TOP SELLER

Melaleuca alternifolia





More commonly called "tea tree," Melaleuca oil is composed of 90 different compounds and has limitless applications.

- · Renowned for its cleansing and rejuvenating effect on the skin
- Promotes healthy immune function\*
- Protects against environmental and seasonal threats\*

30150001	15mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

### **MELISSA**

**ESSENTIAL OIL** 

Melissa officinalis





Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a wide range of beneficial properties.

- May help support a healthy immune system\*
- Calms tension and nerves
- Diffuse to create a relaxing environment that encourages a restful night's sleep

30850001	5mL bottle	
\$180.00 retail	\$135.00 wholesale	135 PV

### **MYRRH**

ESSENTIAL OIL

Commiphora myrrha







ATON Used historically in many ways—from meditation to

- embalming-Myrrh is still frequently recommended • Powerful cleansing properties, especially for the mouth and throat
- · Soothing to the skin; promotes a smooth, youthful-looking complexion
- · Diffuse to help promote awareness and uplift your mood

30160001	15mL bottle	
\$69.33 retail	\$52.00 wholesale	52 PV

### **OREGANO**

ESSENTIAL OIL TOP SELLER Origanum vulgare

ATID





Derived from the leaves of the oregano plant, Oregano essential oil has many traditional and modern uses.

- · Supports a healthy immune system, healthy digestion, and respiratory function\*
- · Offers powerful antioxidants\*
- Used as a powerful cleansing and purifying agent

30180001	15mL bottle	
\$32.00 retail	\$24.00 wholesale	24 PV

### **PATCHOULI**

**ESSENTIAL OIL** 

Pogostemon cablin



Patchouli is easily recognizable for its rich, musky-sweet fragrance.

- Provides a grounding, balancing effect on emotions
- Promotes a smooth, glowing complexion
- · Add to your daily moisturizer to help reduce the appearance of blemishes, wrinkles, or problematic skin

30890001	15mL bottle	
\$39.33 retail	\$29.50 wholesale	29.5 PV

### **PEPPERMINT**

ESSENTIAL OIL TOP SELLER

Mentha piperita









A top-selling favorite, Peppermint provides myriad health benefits.

- · Promotes digestive health\*
- Helps alleviate occasional stomach upset\*
- · Promotes healthy respiratory function and clear breathing\*
- · Repels bugs naturally

30190001	15mL bottle	
\$27.33 retail	\$20.50 wholesale	20.5 PV

### PEPPERMINT BEADLET

Experience a refreshing, invigorating burst of Peppermint in the convenience of a dissolving beadlet.

- Promotes oral and respiratory health\*
- Alleviates occasional stomach upset\*
- Provides all the benefits of Peppermint essential oil\*

31570001	125 beadlets	
\$15.33 retail	\$11.50 wholesale	11.5 PV



### **PETITGRAIN**

**ESSENTIAL OIL** 

Citrus aurantium





Petitgrain has a fresh, slightly herbaceous aroma and a variety of uses.

- May help support healthy cardiovascular function when taken internally\*
- · When taken internally, may provide antioxidant support\*
- Take internally to help ease feelings of tension, help calm the nervous system, and promote restful

49520001	15mL bottle	
\$34.67 retail	\$26.00 wholesale	26 PV

### **ROMAN CHAMOMILE**

**ESSENTIAL OIL** 

Anthemis nobilis





The most versatile of the chamomiles, Roman Chamomile is extracted from the daisy-like flower of the Roman chamomile plant.

- Has a calming effect on the skin, mind, and body\*
- Soothes the systems of the body\*
- May help support healthy immune system function\*
- Diffuse or apply to bottoms of feet at bedtime

30800001	5mL bottle	
\$60.00 retail	\$45.00 wholesale	45 PV

### **ROSEMARY**

**ESSENTIAL OIL** 

Rosmarinus officinalis







Considered sacred by the ancient Greek, Roman, Egyptian, and Hebrew cultures, Rosemary has a myriad of uses

- Supports healthy respiratory function\*
- May help support healthy digestion\*
- Helps reduce nervous tension and occasional fatigue\*
- Diffuse while studying to maintain concentration

30200001	15mL bottle	
\$18.67 retail	\$14.00 wholesale	14 PV

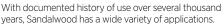
### SANDALWOOD

ESSENTIAL OIL

Santalum album







- Promotes healthy-looking, smooth skin
- Reduces the appearance of skin imperfections
- · Enhances mood
- Frequently used in meditation for its grounding and uplifting properties

30210001	5mL bottle	
\$82.33 retail	\$61.75 wholesale	61.75 PV



"Sandalwood is earthy and calming. I use it when I need grounding by applying a few drops on the soles of my feet or adding it in my work diffuser. Amazing results; Sandalwood can change my clients' mood and helps me focus on what matters."

Jacqueline L., Victoria, Australia



### SANDALWOOD, HAWAIIAN

### **ESSENTIAL OIL**

Santalum paniculatum







- Helps improve the appearance of skin and hair
- · Apply to the neck and shoulders at bedtime for a restful night's sleep.

41860001		
\$82.33 retail	\$61.75 wholesale	61.75 PV

### SIBERIAN FIR NEW!

**ESSENTIAL OIL** 

Abies sibirca







With a fresh, woody scent, Siberian Fir can help balance your emotions and soothe anxious feelings.

- Provides a soothing effect when used in massage
- Apply topically to help soothe minor skin

IIIItations	i	
60203125	15mL bottle	
\$26.66 retail	\$20.00 wholesale	20 PV

### **SPEARMINT**

### **ESSENTIAL OIL**

Mentha spicata









- Promotes digestion and helps reduce occasional stomach upset\*
- Promotes a sense of focus and an uplifting
- · Add a drop or two to any dessert, drink, salad, or entrée for flavoring

31610001	15mL bottle	
\$38.67 retail	\$29.00 wholesale	29 PV

### **SPIKENARD**

### **ESSENTIAL OIL**

Nardostachys jatamansi





Spikenard essential oil has a woody, spicy aroma to uplift mood and promote relaxation.

- Uplifting aroma
- Promotes feelings of calmness and relaxation when diffused
- · Add one or two drops to your favorite cleanser to promote healthy, glowing skin

49510001	5mL bottle	
\$66.00 retail	\$49.50 wholesale	49.5 PV









Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting. Tangerine is known for its cleansing properties, and for supporting a healthy immune and respiratory system.\*

- Supports healthy digestion and metabolism\*
- Cleansing and purifying
- To energize and uplift mood, place 1-2 drops in the palm of your hand, rub together, and cup over the nose and mouth for 30 seconds or diffuse throughout the room.

49440001	15mL bottle	
\$20.00 retail	\$15.00 wholesale	15 PV

### THYME

### **ESSENTIAL OIL**

Thymus vulgaris





Thyme, familiar to most as a common seasoning, produces a potent essential oil.

- · Supports a healthy immune system\*
- Provides cleansing and purifying effects for the skin

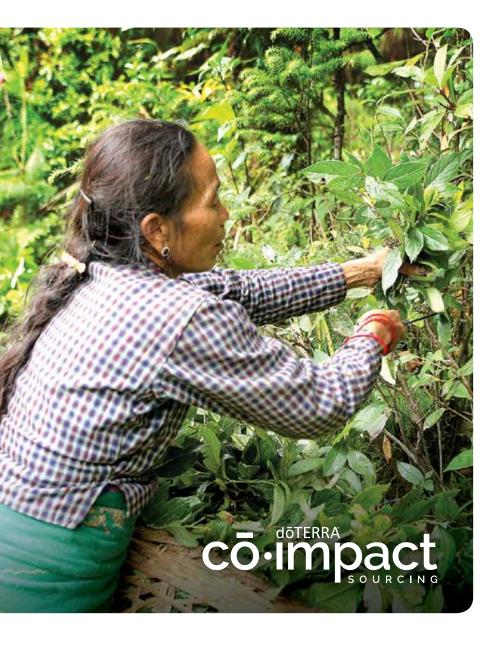
30220001	15mL bottle	
\$36.67 retail	\$27.50 wholesale	27.5 PV



Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.

- · Vetiver is high in sesquiterpenes, which provide a grounding effect
- Use as part of a soothing, aromatic massage
- Use as an earthy base note in your favorite diffuser blends
- Immune supporting properties\*

30430001	15mL bottle	
\$46.00 retail	\$34.50 wholesale	34.5 PV





— PRODUCT HIGHLIGHT

### Nepalese Wintergreen

Through doTERRA's Co-Impact Initiative, our new source of Wintergreen comes from Nepal where it is wild harvested by rural villagers then distilled by community owned distillation facilities. This process creates increased economic opportunity for very remote regions in rural Nepal.

**APPLICATION METHODS** (A) Can be used aromatically (1) Can be used topically (1) Can be used internally

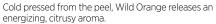
SKIN SENSITIVITY No Can be used topically with no dilution (NEAT) (S) Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)

### WILD ORANGE TOP SELLER

**ESSENTIAL OIL** Citrus sinensis







- · Powerful cleanser and purifying agent
- Place one drop Wild Orange, Peppermint, and Frankincense in your hand. Rub hands together and inhale deeply for an energizing aroma

30170001		
\$14.00 retail	\$10.50 wholesale	10.5 PV

### WINTERGREEN

**ESSENTIAL OIL** 

Gaultheria fragrantissima







Most consumers recognize the aroma and flavor of Wintergreen from its popularity in candy and chewing

- Commonly used in oral hygiene products
- Massage into hands, back, and legs for a soothing and warming sensation after exercise
- · Diffuse for a sweet, uplifting aroma

31620001	15mL bottle	
\$25.33 retail	\$19.00 wholesale	19 PV

### YLANG YLANG

**ESSENTIAL OIL** Cananga odorata







Ylang Ylang, while famed for its exquisite fragrance, has myriad benefits.

- Provides antioxidant support\*
- Blend several drops of Ylang Ylang with döTERRA Fractionated Coconut Oil and massage into back and shoulders to help reduce the effects of daily stress
- Promotes the appearance of healthy skin and hair

30240001	15mL bottle	
\$47.00 retail	\$35.25 wholesale	35.25 PV



# dōTERRA | FAMILY ESSENTIALS KIT



### FAMILY ESSENTIALS KIT TOP SELLER

This collection of 10 nurturing essential oils and blends provides what you need to care for your family's everyday health needs with simple and safe methods featuring essential oils. The Family Essentials Kit includes:

• Ten 5mL bottles of essential oils and blends

Lavender Oregano DigestZen® dōTERRA On Guard® Lemon Frankincense Peppermint Deep Blue® dōTERRA Breathe®

• Lists of suggested uses for each oil

Melaleuca (Tea Tree)

60202951	Ten 5mL bottles	
\$166.67 retail	\$125.00 wholesale	115 PV

# dōTERRA | FAMILY ESSENTIALS KIT



### FRANKINCENSE ESSENTIAL OIL







One of the most precious essential oils of the ancient world, Frankincense is an essential addition to your family's health care. do TERRA's exclusive Frankincense is powerfully versatile and a favorite alternative for many applications—when in doubt, use Frankincense!

- · Apply to neck and forehead with Lavender and Peppermint to promote feelings of relaxation
- Take internally in capsules to support healthy cellular function\*
- Use with Fractionated Coconut Oil or favorite face moisturizer for beautiful, radiant skin
- Use aromatically and topically to help lift mood and awareness

### **LAVENDER ESSENTIAL OIL**







### All Things Calming

- · Diffuse or apply topically to soothe emotions
- Massage on back or bottom of feet and apply a drop to pillow
- Apply topically to soothe skin

### LEMON





### Clean and Freshen

- Supports healthy respiratory function\*
- Diffuse in a room to neutralize odors and elevate mood
- Use to clean kitchen counters and stainless steel appliances
- Take internally with water to cleanse the body\*

### PEPPERMINT

**ESSENTIAL OIL** 







### **Cool and Invigorate**

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to invigorate lungs and increase alertness
- Add to water in a spray bottle and mist body when overheated
- Apply to neck and forehead with Lavender to promote relaxation

### **MELALEUCA** (TEA TREE) ESSENTIAL OIL





### Beneficial for the Skin

- Apply to skin as part of a daily cleansing program
- Use with shampoo or conditioner for healthy-looking scalp and hair
- · Apply to feet and toenails after showering, swimming, or working out

### **OREGANO** ESSENTIAL OIL





### **Natural Immune Support**

- Take several drops in an empty veggie cap for periodic immune support\*
- Use internally to support healthy respiratory function\*
- Use internally as part of a monthly cleansing regimen for GI health\*

### **DEEP BLUE®** SOOTHING BLEND



### **Soothing and Cooling Support**

- Rub on lower back muscles after a day of heavy lifting at work or during a move
- · Use with a carrier oil for a cooling, comforting massage



New packaging available in November 2017

### dōTERRA BREATHE® RESPIRATORY BLEND





### Cleansing and Invigorating

- Apply topically to chest to promote feelings of clear airways and easy breathing
- · Diffuse or add to humidifier at bedtime for more restful sleep
- · Apply to chest or bottom of feet during seasonal changes

### **DIGESTZEN®** DIGESTIVE BLEND



### **Digestive Support**

- When traveling or trying new foods, take DigestZen to soothe occasional stomach discomfort\*
- · Take internally at meal times to support healthy, comfortable digestion\*
- · Add to water ot tea to maintain a healthy gastrointestinal tract\*

### dōTERRA ON GUARD® PROTECTIVE BLEND





### **Natural Defense**

- Dilute and gargle morning and night as a cleansing mouth rinse
- · Take several drops in an empty veggie cap for added immune support\*
- Dilute in spray bottle to clean doorknobs, telephones, and other community surfaces
- Diffuse in your home or office during fall and winter months



## $d\bar{o}TERRA$

# **OUCH® OIL BLENDS**

Striking the proper balance between protecting sensitive skin while still delivering the benefits found in essential oils is not just a matter of science, but also of art, doTERRA Touch has achieved that balance. Making application simple with 10mL roll-ons, doTERRA Touch products are ideal for children, adults and especially those with sensitive skin. You can start benefiting from essential oils immediately with these ready-to-use bottles. Enjoy the convenience and benefits of doTERRA Touch today.



### **JASMINE** TOUCH BLEND



dōTERRA Jasmine can not only help reduce the appearance of skin imperfections but is also uplifting to the mood.

60201812	10mL roll-on
\$56.00 retail	\$42.00 wholesale
	42 DV



### **NEROLI** TOUCH BLEND



Soothing to the skin, doTERRA Neroli Touch is specifically formulated with Fractionated Coconut Oil to provide a positive, calming experience when applied topically.

60201817	10mL roll-on
\$62.67 retail	\$47.00 wholesale
	47 PV



### ROSE NFW! **TOUCH BLEND**



Using the powerful benefits of Rose essential oil in a convenient roll-on, dōTERRA Rose Touch can be applied throughout the day to uplift your mood or as a part of your skin care routine to promote a healthy-looking complexion.

60201813	10mL roll-on
\$100.00 retail	\$75.00 wholesale
	75 PV



### **dōTERRA TOUCH KIT**

60200333	Nine 10mL roll-ons	
\$225.33 retail	\$169.00 wholesale	160 PV

Including nine of our most popular essential oils, (Lavender, Peppermint, Frankincense, Melaleuca (Tea Tree), DigestZen, dōTERRA Breathe, dōTERRA On Guard, Oregano, and Deep Blue) our doTERRA Touch Kit is a convenient purchase for supporting the whole family's every day needs.



### **dōTERRA BREATHE®**

**TOUCH BLEND** 





dōTERRA Breathe Touch provides the perfect balance of dōTERRA Breathe essential oil blend with Fractionated Coconut Oil to maintain feelings of easy breathing.

60200192	10mL roll-on
\$17.33 retail	\$13.00 wholesale
	17 D\/



### **DEEP BLUE®**





Experience the benefits of our proprietary Deep Blue essential oil blend in a gentle formula that's perfect for children and adults.

60200145	10mL roll-on
\$55.67 retail	\$41.75 wholesale
	41.75 PV



### **DIGESTZEN®**







dōTERRA DigestZen Touch is the perfect companion for road trips and to have on hand when feelings of stomach upset occur.

60200223	10mL roll-on
\$27.00 retail	\$20.25 wholesale
	20.25 PV





### **FRANKINCENSE**

**TOUCH BLEND** 





dōTERRA Frankincense Touch can be applied quickly and easily throughout the day to feel its grounding, balancing effects.

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602	00224

10mL roll-on

\$60.67 retail

\$45.50 wholesale 45.5 PV



### LAVENDER **TOUCH BLEND**





Widely used for its calming qualities, dōTERRA Lavender Touch provides soothing comfort to the skin while promoting feelings of relaxation.

\$18.33 retail

**60200225** 10mL roll-on \$13.75 wholesale

13.75 PV



### **MELALEUCA** (TEA TREE) TOUCH BLEND





The perfect balance of Melaleuca (Tea Tree) essential oil and Fractionated Coconut Oil has been combined in doTERRA Melaleuca Touch (Tea Tree), making it ideal to use on gentle and sensitive skin.

60200226	
\$16.67 retail	\$12.50 whole

\$12.50 wholesale

12.5 PV



### **OREGANO**

**TOUCH BLEND** 





dōTERRA Oregano Touch provides a gentle option for those with sensitive skin to receive the renowned benefits of Oregano essential oil

15.75 PV

60200227	
\$21.00 retail	

10mL roll-on \$15.75 wholesale



### dōTERRA ON GUARD®

TOUCH BLEND





Enjoy the unique aroma and powerful benefits of doTERRA On Guard essential oil blend in a convenient roll-on application.

\$28.00 retail

\$21.00 wholesale





### **PEPPERMINT**

**TOUCH BLEND** 







be used anytime, anywhere for a quick energy boost and to experience it's cleansing, cooling aroma

60200228	10mL roll-on
\$18.00 retail	\$13.50 wholesale
	13.5 PV

# $d\bar{o}TERRA$ **EMOTIONAL** ROMATHERAPY® SYSTEM

The doTERRA Emotional Aromatherapy System contains six unique essential oil blends that have been carefully formulated to provide targeted emotional health benefits. Each delicate blend contains pure essential oils that can be used aromatically or topically to help balance and brighten your changing moods. Just a few drops of these naturally complex, fragrant blends can elicit profound emotional responses to help you let go of burdens, find comfort and encouragement, or inspire you to dream with passion again.

### EMOTIONAL BLENDS USE INSTRUCTIONS:

- Use aromatically in an essential oil diffuser.
- Apply 1 or 2 drops in your palms, rub hands together, cup in front of your nose, and inhale deeply (do not touch eyes).
- Dilute and apply topically to aromatherapy touch points such as the back of the neck, the wrists, and over the heart.

### *dōTERRA EMOTIONAL* **AROMATHERAPY® SYSTEM**

60202944 Six 5mL bottles \$212 retail \$159.00 wholesale | 150 PV



New packaging available in November 2017

### **dōTERRA MOTIVATE® ENCOURAGING BLEND**







Are you frustrated at work? Have setbacks in spite of your best efforts shaken your confidence? Or has misplaced trust left you cynical more often than your best self should be? Then stop, reset, and restart with doTERRA Motivate Encouraging Blend of mint and citrus essential oils. dōTERRA Motivate will help you unleash your creative powers and find the courage that comes from believing in yourself again. Go ahead and raise the bar-you can do it!

- · Combines Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- · Promotes feelings of confidence, courage, and belief
- · Counteracts negative emotions of doubt, pessimism, and cynicism

31740001	5mL bottle	
\$30.67 retail	\$23.00 wholesale	23 PV

### **dōTERRA CHEER®** UPLIFTING BLEND





Everyone knows a bright disposition and cheerful attitude can smooth over many of the bumps and challenges of life, right? But sometimes no amount of positive self-talk is enough to avoid the blues. dōTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a cheerful boost of happiness and positivity when you are feeling down. Its sunshiny, fresh, optimistic aroma will brighten any moment of your day.

- Features Wild Orange, Clove, Star Anise, Lemon Myrtle, Zdravetz, Nutmeg, Vanilla, Ginger, and Cinnamon Bark
- · Promotes feelings of optimism, cheerfulness,
- · Counteracts negative emotions of feeling down, blue, or low

31720001	5mL bottle	
\$33.33 retail	\$25.00 wholesale	25 PV

### dōTERRA PASSION® **INSPIRING BLEND**







Have you lost your why, your mojo, your passion? Too much of even a good thing can become predictable and boring over time. doTERRA Passion Inspiring Blend of spice and herb essential oils will help you rekindle excitement in your life. Jump out of an airplane, dive into an ocean, or try something really scary like dancing. With doTERRA Passion, you will find the daring to try something new, as well as discover

- renewed joy for the current blessings in your life. • Merges Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- · Ignites feelings of excitement, passion, and joy
- · Counteracts negative feelings of boredom, and disinterest

31760001	5mL bottle	
\$56.00 retail	\$42.00 wholesale	42 PV



### dōTERRA FORGIVE® RENEWING BLEND



Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, the doTERRA Forgive Renewing Blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. Start each of your tomorrows relieved and contented with doTERRA Forgive Renewing Blend.

- Features Spruce, Bergamot, Juniper Berry, Myrrh, Arborvitae, Nootka Tree, Thyme, Citronella
- Promotes feelings of contentment, relief, and patience
- · Counteracts negative emotions of anger and guilt

31750001	5mL bottle	
\$26.67 retail	\$20.00 wholesale	20 PV

### dōTERRA CONSOLE®

COMFORTING BLEND





Losing something or someone you love can be deeply disorienting and painful. Words unspoken and questions unanswered may keep you worried and unsettled. The dōTERRA Console Comforting Blend of floral and tree essential oils will help you close the door on sadness and take your first steps on a hopeful path toward emotional healing. Bind your broken heart with doTERRA Console Comforting

- · Combines Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose, Osmanthus
- Promotes feelings of comfort and hope
- Counteracts negative emotions of grief, sadness, or hopelessness

31730001	5mL bottle	
\$49.33 retail	\$37.00 wholesale	37 PV

### **dōTERRA PEACE®** REASSURING BLEND





Life is crazy right now, but things will slow down when the kids are older, right? Wrong! doTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder that having more stuff and doing more things won't necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you. Everything turning out fine begins with believing it will—and a few drops of dōTERRA Peace Reassuring Blend.

- Combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, Spearmint
- Promotes feelings of peace, reassurance, and contentment
- · Counteracts anxious and fearful emotions

31710001	5mL bottle	
\$37.33 retail	\$28.00 wholesale	28 PV



# $d\bar{o}TERRA$

# **EMOTIONAL** AROMATHERAPY® TOUCH

The doTERRA Emotional Aromatherapy Touch line contains six unique essential oil blends combined with Fractionated Coconut Oil in 10mL Roll-Ons for convenient and gentle topical application. These proprietary blends provide targeted emotional health benefits for the entire family and can be applied every day to specific points on the body to help balance and brighten your changing moods.



### *dōTERRA EMOTIONAL* AROMATHERAPY TOUCH KIT

21850001	10mL roll-on	
\$133.33 retail	\$100 wholesale	100 PV



### EMOTIONAL AROMATHERAPY TOUCH **INSTRUCTIONS:**

Each doTERRA Emotional Aromatherapy Touch blend can be applied to specific points on the body to elicit profound emotional responses.

- Rub dōTERRA Motivate Touch into your temples to set your focus for the day.
- A cheerful heart is good medicine. Rub dōTERRA Cheer Touch over your heart.
- Apply doTERRA Passion Touch on your wrists to spark creativity, clarity, and wonder.
- Rub dōTERRA Forgive Touch over your heart to help you forgive yourself and others.
- Relieve the weight of the world by massaging dōTERRA Console Touch into your shoulders.
- Give yourself peace of mind by rubbing doTERRA Peace Touch into your temples.

### dōTERRA MOTIVATE® TOUCH

### **ENCOURAGING BLEND**





dōTERRA Motivate Touch provides gentle and guick application of doTERRA Motivate mint and citrus essential oil blend. The fresh, minty aroma promotes feelings of confidence, courage, and belief.

- Features Fractionated Coconut Oil, Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla Bean
- Promotes feelings of confidence, courage, and
- · Counteracts negative emotions of doubt, pessimism, and cynicism.

60200149	10mL roll-on	
\$20.00 retail	\$15.00 wholesale	15 PV



### dōTERRA CHEER® TOUCH

**UPLIFTING BLEND** 







dōTERRA Cheer Touch combines Fractionated Coconut Oil with the sunshiny, fresh aroma of dōTERRA Cheer essential oil blend. This convenient and gentle roll-on can be applied to the skin to counteract negative emotions and provide a boost of happiness and positivity when one is feeling down.

- Features Fractionated Coconut Oil, Lemon Myrtle, Clove, Wild Orange, Star Anise, Ginger, Zdravetz. Cinnamon Bark, Nutmeg, and Vanilla
- · Promotes feelings of optimism, cheerfulness, and happiness
- · Counteracts negative emotions of feeling down, blue, or low

60200146	10mL roll-on					
\$21.67 retail	\$16.25 wholesale	16.25 PV				



### **dōTERRA PASSION® TOUCH**

**INSPIRING BLEND** 





Have you lost your why or passion for life? doTERRA Passion Touch combines Fractionated Coconut Oil with the spice and herb blend of doTERRA Passion to help you rekindle the excitement in your life.

- Combines Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Ignites feelings of excitement, passion, and joy
- · Counteracts negative feelings of boredom and disinterest

60200150	10mL roll-on			
\$36.33 retail	\$27.25 wholesale	27.25 PV		





### dōTERRA FORGIVE® TOUCH **RENEWING BLEND**







dōTERRA Forgive Touch contains the tree and herb essential oils found in our proprietary doTERRA Forgive blend along with Fractionated Coconut Oil for gentle application and ease of use. dōTERRA Forgive was developed to help you discover the liberating action of forgiving, forgetting, and moving on.

- Merges Fractionated Coconut Oil, Spruce, Bergamot, Juniper Berry, Myrrh, Arborvitae, Nootka Tree, Thyme, and
- Promotes feelings of contentment, relief, and patience
- Counteracts negative emotions of anger and guilt

60200148	10mL roll-on					
\$17.33 retail	\$13.00 wholesale	13 PV				

### dōTERRA CONSOLE® TOUCH

COMFORTING BLEND







- Features Fractionated Coconut Oil, Frankincense Resin, Patchouli Leaf, Ylang Ylang Flower, Labdanum Flower Absolute, Amyris Bark, Sandalwood Wood, Rose Flower, Osmanthus Flower Absolute
- · Promotes feelings of comfort and hope
- · Counteracts negative emotions of grief, sadness, and hopelessness

60200147	10mL roll-on					
\$32.00 retail	\$24.00 wholesale	24 PV				



### **dōTERRA PEACE® TOUCH**

**REASSURING BLEND** 





In today's fast paced society, it's easy to feel anxious, overwhelmed, and fearful—no matter what your age. Use dōTERRA Peace Touch Reassuring Blend to promote feelings of contentment, composure, and reassurance when anxious feelings overwhelm your emotions.

- Combines Fractionated Coconut Oil, Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
- Promotes feelings of peace, reassurance, and contentment
- · Counteracts anxious and fearful emotions

60200151	10mL roll-on				
\$24.33 retail	\$18.25 wholesale	18.25 PV			



# ar matouch TECHNIQUE

STEP 1



STEP 2



STEP 3



STEP 4





### **AROMATOUCH® TECHNIQUE KIT**

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. This kit contains 5mL bottles of the eight CPTG® oils used in the AromaTouch Technique, as well as the AromaTouch Technique presentation box. You will also receive do TERRA® Fractionated Coconut Oil (3.8 oz) when you purchase this kit.

60202945	Eight 5mL bottles	
\$146.67 retail	\$110.00 wholesale	100 PV

The doTERRA® AromaTouch Technique is a simple step-by-step method of applying therapeutic-grade essential oils topically to produce a profound overall wellness experience.

The AromaTouch Technique Kit includes 5mL bottles of dōTERRA Balance® Grounding Blend, Lavender, Melaleuca (Tea Tree), dōTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint, and a 3.8 oz bottle of Fractionated Coconut Oil. The kit also includes an instruction video in a beautiful presentation box. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and benefits.



"I love doing the Aroma Touch *Technique on moms and dads so they* can learn how to do the same for their families. It is a win-win situation."

Peggy S., Utah, USA

# **Proprietary**

# ESSENTIAL OIL BLENDS

dōTERRA® essential oil blends are proprietary formulas for targeted wellness applications. They represent the converging wisdom of many years of essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Therapeutic Grade® essential oils.

### **AROMATOUCH®**

MASSAGE BLEND



This proprietary massage blend combines the benefits of oils well known for their soothing and relaxing effects.

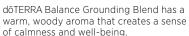
- Features Basil, Grapefruit, Cypress, Marjoram, Peppermint, and Lavender essential oils
- Promotes feelings of relaxation and lessens feelings of tension
- Add to Epsom salts and enjoy soaking in a hot bath

31200001					
\$34.67 retail	\$26.00 wholesale	26 PV			

### **dōTERRA BALANCE® GROUNDING BLEND**







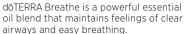
- Features Spruce, Ho Wood, Frankincense. Blue Tansy, Blue Chamomile, and
- Promotes an overall sense of relaxation
- · Evokes feelings of tranquility and
- Helps ease anxious feelings

31010001						
\$26.67 retail	\$20.00 wholesale	20 PV				

### dōTERRA BREATHE® RESPIRATORY BLEND







- · Merges Laurel Leaf, Eucalyptus, Peppermint, Melaleuca (Tea Tree), Lemon, Cardamom, Ravintsara, and Ravensara essential oils
- Maintains feelings of clear airways and easy breathing
- · Helps minimize the effects of seasonal threats
- · Diffuse or inhale directly when environmental threats are high

60200190	15mL bottle				
\$26.66 retail	\$20.00 wholesale	20 PV			



APPLICATION METHODS (A) Can be used aromatically (T) Can be used topically (T) Can be used internally

	APF	PLICA	TION	SKIN	SENSI	TIVTY				
ESSENTIAL OIL BLENDS	ATIC	AL	. AL		INE	E				
Quick Reference Chart	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE	SKU	RETAIL	WHOLE- SALE	PV
AROMATOUCH® Massage Blend	4			N	S		31200001	\$34.67	\$26.00	26
Cypress, Peppermint, Marjoram, Basil, Grapefruit, Lavender							31200001	ψ54.07	Ψ20.00	
dōTERRA BALANCE® Grounding Blend	A	O		N			31010001	\$26.67	\$20.00	20
Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamo			hus Al				31010001	Ψ20.07	Ψ20.00	
dōTERRA BREATHE® Respiratory Blend	A				S		60200190	\$26.66	\$20.00	20
Laurel Leaf, Eucalyptus, Peppermint, Melaleuca (Tea Tree), Lemon, Cardamom, Rav	intsara,	Raven.	sara							
CITRUS BLISS® Invigorating Blend	A	•		N			31020001	\$20.00	\$15.00	15
Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with	Vanilla A	Absolu	te							l
CLARYCALM® Monthly Blend for Women	A			N			35270001	\$32.67	\$24.50	24.
Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Ge.	ranium,	Fenne	l, Carro	nt Seec	ıd, Palm	narosa,	Vitex			
DDR PRIME® Cellular Complex		0	0		S		41510001	\$73.33	\$55.00	55
Frankincense, Wild Orange, Lemongrass, Thyme, Clove, Summer Savory, Niaouli										l
DEEP BLUE® Soothing Blend TOP SELLER					S		60200143	\$42.67	\$32.00	32
Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, Germar	Chamo	omile, (	) Osmar	nthus						
DIGESTZEN® Digestive Blend TOP SELLER	A	0	0	N			31030001	\$41.33	\$31.00	31
Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, Fennel										l
ELEVATION Joyful Blend	A			N			31040001	\$49.33	\$37.00	37
Lavandin, Tangerine, Lavender, Amyris, Clary Sage, Sandalwood, Ylang Ylang, Ho W	_	smanti	hus At	solute	Lema	on Myr	tle, Melissa			
HD CLEAR® Topical Blend		•		N			49400001	\$28.00	\$21.00	21
Black Cumin Seed Oil, Ho Wood, Melaleuca (Tea Tree), Eucalyptus, Geranium, Litse	a									
IMMORTELLE Anti-Aging Blend				N			37140001	\$92.67	\$69.50	69.5
Frankincense, Sandalwood, Lavender, Myrrh, Helichrysum, Rose										
INTUNE® Focus Blend	A	0		N			41840001	\$46.00	\$34.50	34.
Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Sandalwood, Roman Chamom	ile									
dōTERRA ON GUARD® Protective Blend  TOP SELLER	A		0		S		31100001	\$42.67	\$32.00	32
Wild Orange, Clove, Cinnamon, Eucalyptus, Rosemary										
PASTTENSE® Tension Blend	A			N			31350001	\$24.67	\$18.50	18.5
Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chai	nomile,	Basil, I	Rosem	nary						
PURIFY Cleansing Blend	A	T		N			31060001	\$24.00	\$18.00	18
Lemon, Siberian Fir, Citronella, Lime, Melaleuca (Tea Tree), Cilantro										
dōTERRA SERENITY® Restful Blend	A	<b>T</b>		N			49530001	\$40.00	\$30.00	30
Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiv	er, Vanii	lla Abs	olute, :	Sandal	wood					
SLIM & SASSY* Metabolic Blend  TOP SELLER	A		0		S		31370001	\$32.67	\$24.50	24.5
Grapefruit, Lemon, Peppermint, Ginger, Cinnamon										
TERRASHIELD® Outdoor Blend	A			N			31700001	\$14.00	\$10.50	10.5
Fractionated Coconut Oil, Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemo	n Eucal	yptus, i	Litsea,	Vanilla	a Abso	lute, A	rborvitae			
WHISPER® Blend for Women	A			N			31080001	\$32.00	\$24.00	24
Fractionated Coconut Oil, Patchouli, Bergamot, Sandalwood, Rose Absolute, Vanill, Cocoa Absolute, Ylang Ylang	a Absoli	ute, Ja:	smine.	Absolu	ite, Cir	nnamo	n Bark, Vetiver, I	Labdanum A	bsolute,	
ZENDOCRINE® Detoxification Blend	A	0	0	N			31460001	\$32.67	\$24.50	24.
Tangerine, Rosemary, Geranium, Juniper Berry, Cilantro									1	
EMOTIONAL AROMATHERAPY OIL B	IFN	סענ	3							

### EMOTIONAL AROMATHERAPY OIL BLENDS

dōTERRA MOTIVATE® Encouraging Blend	A				S		31740001	\$30.67	\$23.00	23
Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, Vanilla Absolute										
dōTERRA CHEER® Uplifting Blend	A	•			S		31720001	\$33.33	\$25.00	25
Wild Orange, Clove, Star Anise, Lemon Myrtle, Nutmeg, Vanilla Absolute, Ginger, Cinr	amon	Bark, 2	Zdrave	tz						
dōTERRA PASSION® Inspiring Blend	A	T			S		31760001	\$56.00	\$42.00	42
Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, J.	asmine	Abso	lute, Va	anilla A	Absolu	ite, Da	miana			
dōTERRA FORGIVE® Renewing Blend	A	•			S		31750001	\$26.67	\$20.00	20
Spruce, Bergamot, Juniper Berry, Myrrh, Arborvitae, Nootka Tree, Thyme, Citronella			•	· ·						
dōTERRA CONSOLE® Comforting Blend	A			N			31730001	\$49.33	\$37.00	37
Frankincense, Patchouli, Ylang Ylang, Labdanum Absolute, Amyris, Sandalwood, Ros	e, Osn	nanthu	is Abso	olute						
dōTERRA PEACE® Reassuring Blend	A			N			31710001	\$37.33	\$28.00	28

Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum Absolute, Spearmint



### **CITRUS BLISS® INVIGORATING BLEND**





The harmonious blend of Citrus Bliss combines the powerful benefits of popular citrus essential oils.

- Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine essential oils with a hint of vanilla
- Helps reduce stress
- · Positively affects mood with energizing, uplifting, and refreshing properties
- · Cleanses and purifies the air

31020001	15mL bottle					
\$20.00 retail	\$15.00 wholesale	15 PV				

### **CLARYCALM®**

### MONTHLY BLEND FOR WOMEN



ClaryCalm is a unique blend of essential oils developed especially for women.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Palmarosa, Carrot Seed, and Vitex essential oils
- Provides a cooling and calming effect
- Helps soothe heightened emotions

35270001	10mL roll-on	
\$32.67 retail	\$24.50 wholesale	24.5 PV

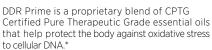
"DigestZen is my life-saving oil! When I don't get enough sleep, my stomach cramps up. I don't sleep well when my husband is gone, and he works on a rotation where he is away as much or more than he is home. DigestZen is the oil I use very regularly to help calm my stomach during those long weeks when he is gone."

Jennifer B., Eagle River, Alaska

### **DDR PRIME**

### **CELLULAR COMPLEX**





- Provides antioxidant protection against oxidative stress\*
- · Supports a healthy response to cellular stressors\*
- Promotes healthy cellular response and regeneration\*
- · Helps soothe heightened emotions

41510001	30mL bottle	
\$73.33 retail	\$55.00 wholesale	55 PV

### DEEP BLUE® TOP SELLER SOOTHING BLEND



Deep Blue provides soothing effects that can be felt immediately.

- Rub Deep Blue on lower back muscles after a day of heavy lifting
- · Apply on feet and knees before and after exercise
- Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime

60200143	5mL bottle	
\$42.67 retail	\$32.00 wholesale	32 PV
		1
60200144	10mL roll-on	

### DIGESTZEN® TOP SELLER DIGESTIVE BLEND







The well-recognized essential oils in DigestZen are known for providing digestive benefits.

- Features a proprietary blend of Star Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel essential oils
- Promotes healthy digestion\*
- Helps maintain a healthy gastrointestinal tract\*
- Helps reduce bloating, gas, and occasional indigestion\*

### See page 62 for DigestZen Softgels

31030001	15mL bottle	
\$41.33 retail	\$31.00 wholesale	31 PV

### **ELEVATION**

### JOYFUL BLEND







- Features Lavendin, Tangerine, Lavender Amyris, Clary Sage, Sandalwood, Ylang Ylang, Ho Wood, Osmanthus, Lemon Myrtle, Melissa essential oils
- · Elevates mood and promotes vitality
- · Helps create a positive and energizing mood

31040001	15mL bottle	
\$49.33 retail	\$37.00 wholesale	37 PV

### **HD CLEAR®**

### TOPICAL BLEND





Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes a clean complexion with essential oils renowned for their skin-benefitting properties.

- Features a unique blend of black cumin seed oil as well as CPTG® essential oils of Ho Wood, Melaleuca (Tea Tree), Eucalyptus, Geranium, and
- Promotes a clear complexion
- Helps reduce breakouts

49400001	10mL roll-on	
\$28.00 retail	\$21.00 wholesale	21 PV

### **IMMORTELLE**

### ANTI-AGING BLEND





This powerful blend of essential oils nourishes and supports skin to help sustain smoother, more radiant, and youthful-looking skin.

- Features the renewing power of rare essential oils-Frankincense, Sandalwood, Lavender, Myrrh, Helichrysum, and Rose
- Helps reduce the appearance of fine lines and wrinkles
- · Helps reduce contributing factors to the appearance of aging skin

37140001	10mL roll-on	
\$92.67 retail	\$69.50 wholesale	69.5 PV

### **INTUNE®**

### **FOCUS BLEND**





InTune is a proprietary blend of carefully selected essential oils known to promote a sense of clarity and focus.

- Features Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Sandalwood, and Roman Chamomile
- Enhances and sustains a sense of focus
- Supports efforts of those who have difficulty paying attention and staying on task

41840001	10mL roll-on	
\$46.00 retail	\$34.50 wholesale	34.5 PV

### dōTERRA ON GUARD®

### PROTECTIVE BLEND







dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.\*

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential
- · Formulated to support healthy immune function\*
- Supports the body's natural antioxidant defenses\*
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air though diffusion

### See page 42 for On Guard®+ Softgels

31100001	15mL bottle	
\$42.67 retail	\$32.00 wholesale	32 PV







**APPLICATION METHODS** (A) Can be used aromatically (1) Can be used topically (1) Can be used internally

SKIN SENSITIVITY (1) Can be used topically with no dilution (NEAT) (5) Dilute for young or sensitive skin (SENSITIVE) (1) Dilute before using topically (DILUTE)

### **dōTERRA ON GUARD® BEADLET**

With its unique aroma, dōTERRA On Guard offers a fragrant, natural, effective alternative to synthetic options for immune support.\*

- · Supports healthy immune function\*
- Provides a convenient consumption method for doTERRA On Guard Protective Blend
- Freshens breath

31580001	125 beadlets	
\$20.00 retail	\$15.00 wholesale	15 PV

### PASTTENSE®

### **TENSION BLEND**





PastTense is a distinctive blend of essential oils known to reduce the feelings associated with tension and stress.

Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary essential oils

- · Helps ease stressful feelings
- · Helps calm emotions
- Packaged for convenient application in a roll-on

31350001	10mL roll-on	
\$24.67 retail	\$18.50 wholesale	18.5 PV

### **PURIFY**

### **CLEANSING BLEND**





Purify is designed to eliminate odors naturally without toxic additives.

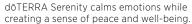
- Features Lemon, Siberian Fir, Citronella, Lime, Melaleuca (Tea Tree), and Cilantro essential oils
- Refreshing aroma eradicates unpleasant odors and clears the air
- Protects against environmental threats

31060001	15mL bottle	
\$24.00 retail	\$18.00 wholesale	18 PV

### dōTERRA SERENITY®

### RESTFUL BLEND





- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla Absolute, Sandalwood
- · Creates a perfect escape with its calming, renewing fragrance
- Promotes feelings of relaxation and a restful sleeping environment

49530001	15mL bottle	
\$40.00 retail	\$30.00 wholesale	30 PV

### SLIM & SASSY® METABOLIC BLEND







Support your weight maintenance goals with the proprietary essential oil blend of Slim &

- · Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils
- Promotes healthy metabolism\*
- Helps manage hunger cravings\*
- · Calms your stomach\*
- · Diuretic-, stimulant-, and calorie-free

31370001		
\$32.67 retail	\$24.50 wholesale	24.5 PV

### **TERRASHIELD®**

### **OUTDOOR BLEND**



Just a small amount of super-concentrated TerraShield provides powerful outdoor protection.

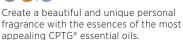
- A proprietary blend of essential oils carefully balanced in a base of Fractionated Coconut Oil
- · Diffuse during outdoor events
- · Apply before hiking or camping

31700001	15mL bottle	
\$14.00 retail	\$10.50 wholesale	10.5 PV
	1	ı
31160001	30mL spray bottle	9
\$26.00 rotail	\$19.50 wholesale	17 DV

### WHISPER®

### **BLEND FOR WOMEN**





- · Contains Patchouli, Bergamot, Sandalwood, Rose Absolute, Vanilla Absolute, Jasmine Absolute, Cinnamon, Cocoa extract, Labdanum, Vetiver, Ylang Ylang
- Warming aroma that entices the senses
- Promotes calming emotions throughout the

31080001		
\$32.00 retail	\$24.00 wholesale	24 PV



### **DETOXIFICATION BLEND**





Zendocrine essential oil blend supports the body's natural ability to rid itself of unwanted substances.\*

- Features Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro essential oils
- Purifying and detoxifying to the body's
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin\*

31460001		
\$32.67 retail	\$24.50 wholesale	24.5 PV





### **dōTERRA YOGA COLLECTION**

An exclusive trio of CPTG® essential oil blends designed by doTERRA for the yogi in you. Anchor, Align, and Arise are the perfect blends to enhance your life and yoga practice. These blends provide aromas to steady, center, and enlighten your spirit through every breath while strengthening and stretching your body.

60203244	Three 5mL bottles	
\$69.33 retail	\$52.00 wholesale	50 PV

# **ESSENTIAL USAGE**

The benefits of CPTG® essential oils can be realized through several delivery methods: aromatically, topically, and internally. doTERRA helps facilitate the different options for the use of essential oils in their various forms by providing quality products that follow traditional applications as well as more technologically advanced applications with state-of-the-art diffusers. Using a variety of application methods can offer a unique and exciting experience with each oil. Be sure to refer to the essential oil usage charts and follow usage recommendations to ensure safe application.

### **INTERNAL USE**

### **VEGGIE CAPS**

Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.

- · Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- · Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

34100001	160 HPMC capsules	
\$5.33 retail	\$4.00 wholesale	0 PV





### **TOPICAL USE**

### dōTERRA® SPA HAND & **BODY LOTION**

Indulge your skin in doTERRA SPA Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and cupuassu seed butters, and nourishing plant extracts.

- Easily blend with your favorite essential oil for a customized aromatic experience
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

37510001	6.7 fl oz/200mL	
\$20.00 retail	\$15.00 wholesale	13 PV

### 3-PACK

60200498	3-6.7 fl oz/200mL t	tubes
\$50.67 retail	\$38.00 wholesale	30 PV

### **FRACTIONATED COCONUT OIL**



Combine doTERRA® Fractionated Coconut Oil with your favorite doTERRA essential oils for your own readily-absorbable blend.

- Feather-light emollient provides a soothing barrier without clogging pores
- · Ideal for combining with essential oils before applying topically
- · Completely soluble with all essential oils; odorless, colorless, and non-staining

31640001	3.8 fl oz/115mL	
\$16.00 retail	\$12.00 wholesale	12 PV



### **AROMATIC USE**



### LUMO DIFFUSER NEW!

Influenced by nature, the Lumo Diffuser features a maple wood base and several light settings inspired by natural elements. Transform any room into a serene or uplifting environment by diffusing CPTG@ essential oils with a custom designed, nature inspire, ultrasonic diffuser.

- Customizable output 2 to 5 hrs continuous/10 hrs intermittent (5 min. on/5 min. off)
- · Ultrasonic technology
- Seven lighting color options
- Maple wood base
- Coverage of up to 540 sq. Feet

### 60203080

\$93.33 retail | 70.00 wholesale 40 PV



### PETAL DIFFUSER

The doTERRA® Petal Diffuser is a small, user-friendly diffuser that delivers health-promoting benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 330 square feet. The Petal Diffuser has three timed settings—1, 2, and 4 hours—allowing you to customize the release of essential oils into the air.

- 1, 2, and 4 hour diffuser settings
- Optional LED light
- Ultra-fine mist reaches up to 330 square feet
- Simple, 3-piece diffuser is easy and convenient to use

33150001

\$62.66 retail \$47.00 wholesale 20 PV





### LOTUS DIFFUSER

Modern and elegant, the Lotus Diffuser quickly releases the aromatic benefits of doTERRA essential oils into the air.

- Features three settings—1, 2, and 3 hours—along with an optional night light
- · Covers up to 330 square feet
- Provides a decorative piece to any home or office

33160001		
\$119.93 retail	\$89.95 wholesale	40 PV



### AROMA LITE DIFFUSER

Experience the aromatic benefits of doTERRA CPTG® essential oils with the doTERRA Aroma Lite Diffuser. Utilizing real-time atomization technology, the Aroma Lite Diffuser creates an ultra-fine mist output of 1-3 microns for maximum diffusion of doTERRA essential oils.

- Silently and powerfully diffuses essential oils
- Features four LED mist settings and an optional night
- Designed to be small and compact—perfect for traveling and hotel use

33130001		
\$119.93 retail	\$89.95 wholesale	40 PV

# Play longer and harder with **DEEP BLUE® PRODUCTS**

The soothing combination of CPTG Certified Pure Therapeutic Grade® essential oils of Wintergreen, Camphor, Peppermint, Ylang Ylang, Helichrysum, Blue Tansy, German Chamomile, and Osmanthus create the doTERRA® Deep Blue proprietary blend. Available in a cream, roll-on, and supplement, Deep Blue provides soothing effects and targeted benefits.



#### DEEP BLUE® TOP SELLER

#### SOOTHING BLEND



Deep Blue provides soothing effects that can be felt immediately.

- Rub Deep Blue on lower back after a day of heavy lifting
- Apply on feet and knees before and after exercise
- · Massage Deep Blue with a few drops of carrier oil onto growing kids' legs before bedtime

60200143	5mL bottle	
\$42.67 retail	\$32.00 wholesale	32 PV

60200144	10mL roll-on	
\$85.33 retail	\$64.00 wholesale	64 PV



#### **DEEP BLUE® RUB**

#### **SOOTHING LOTION**

Infused with Deep Blue Soothing Blend, Deep Blue Rub provides a soothing and cooling effect.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Perfect for the athlete in your life, Deep Blue Rub is blended in a base of moisturizing emollients that leave your skin soft and non-greasy
- Provides a cooling and soothing sensation to targeted areas

38900001	4 fl oz/120mL	
\$39.00 retail	\$29.25 wholesale	29.25 PV

#### **32-OUNCE BOTTLE**

50210001	32 fl oz/946mL	
\$252.00 retail	\$189.00 wholesale	160 PV

#### **DEEP BLUE® RUB SAMPLES**

Receive the targeted comfort of doTERRA Deep Blue Rub in a convenient 10 pack carton. Enjoy sharing its soothing power at sporting events, the gym, or on the go.

- Ten 2mL foil packets
- Formulated with Deep Blue Soothing Blend
- Easy to share and convenient to take on the go

38950001	Ten 2mL samples		
\$6.67 retail	\$5.00 wholesale	0 PV	

Now Deep Blue has a nutritional supplement that contains powerful polyphenols clinically tested to help with occasional soreness and discomfort.\*

- Patent-pending, fast-acting boswellia extract shown to help support joint comfort and function\*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort\*
- Can be used in tandem with Deep Blue Rub or Deep

34360001	60 vegetable capsules	
\$79.33 retail	\$59.50 wholesale	59.5 PV

# SERENITY PRODUCTS

In today's fast-paced society, we all experience occasional sleeplessness, and few of us obtain the recommended eight or more hours of sleep each night. doTERRA Serenity Softgels and doTERRA Serenity essential oil blend together provide a natural and safe solution for individuals who have occasional difficulty falling and staying asleep. Formulated with essential oils known for their ability to help calm the mind and body, this powerful duo works to promote a restful and satisfying night's sleep.





#### doterra serenity®

RESTFUL BLEND



dōTERRA Serenity combines essential oils renowned for their ability to support a restful sleep when used aromatically.

- Features Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Vanilla extract, Sandalwood
- Promotes feelings of relaxation and a restful sleeping environment
- Lessens feelings of tension and calms emotions

49530001		
\$40.00 retail	\$30.00 wholesale	30 PV



#### **dōTERRA SERENITY®** SOFTGELS

#### RESTFUL COMPLEX

dōTERRA Serenity Restful Complex is a unique combination of Lavender essential oil and natural plant extracts in a vegetarian softgel to help you get the refreshing sleep you need without leaving you feeling groggy and sleepy the next day.\*

- Relieves occasional sleeplessness\*
- Promotes healthy relaxation and sleep\*
- Helps make a difference in the quality of and the ease of going to sleep\*
- Encourages restful sleep\*

34390001	60 vegetarian softg	els
\$26.00 retail	\$19.50 wholesale	17 PV

#### **SERENITY COMBO PACK**

60200524	15mL bottle and 1 bottle softgel	
\$60.00 retail	\$45.00 wholesale	40 PV

# Respiratory support with doTERRA BREATHE® PRODUCTS

Deep breathing is cleansing, freeing, and invigorating. It elevates our minds and energizes our bodies. It is the essence of life, the reassurance of vitality. The remarkable blend of essential oils found in the dōTERRA Breathe Respiratory Blend maintains feelings of clear airways and easy breathing, especially when seasonal impediments to breathing are high. Now, with the easy application of the doTERRA Breathe Vapor Stick, you can quickly enjoy the benefits of this powerful blend anytime, anywhere.

#### **dōTERRA BREATHE® VAPOR STICK**

Enjoy the convenience, quick absorption, and smooth application of doTERRA Breathe Vapor Stick. This unique delivery method of the proprietary doTERRA Breathe essential oil blend can be used anytime, anywhere,

- · Maintains feelings of clear airways and easy breathing
- Provides a cooling, soothing sensation

34290001	.4 oz	
\$11.33 retail	\$8.50 wholesale	5 PV







#### dōTERRA BREATHE® RESPIRATORY BLEND



dōTERRA Breathe is a powerful essential oil blend that maintains feelings of clear airways and easy breathing.

- · Merges Laurel Leaf, Eucalyptus, Peppermint, Melaleuca (Tea Tree), Lemon, Cardamom, Ravintsara, Ravensara essential oils
- Maintains feelings of clear airways and easy breathing
- Helps minimize the effects of seasonal threats
- · Diffuse or inhale directly when environmental threats are high

49370001	15mL bottle	
\$26.67 retail	\$20.00 wholesale	20 PV



#### **dōTERRA BREATHE®** RESPIRATORY DROPS

The respiratory benefits of selected CPTG® essential oils from the doTERRA Breathe blend can be found in this convenient and great-tasting lozenge.

- · Proprietary blend includes: Lemon, Peppermint, Eucalyptus, Thyme, Melissa, and Cardamom
- · Maintains clear airways and breathing
- · Supports overall respiratory health

35460001	30 drops	
\$19.33 retail	\$14.50 wholesale	14.5 PV



# Support immune function\* with

# dōTERRA ON GUARD® PRODUCTS

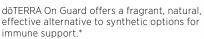
dōTERRA On Guard is one of the most popular and versatile dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils is an active component in a first line of defense for immune support.\* It is a non-toxic and superb way to support the immune system.\* The doTERRA On Guard Protective Blend has been integrated into a variety of doTERRA products to provide diverse ways to use its powerful benefits.

#### dōTERRA ON GUARD® TOP SELLER

PROTECTIVE BLEND







- Features a combination of Wild Orange, Clove. Cinnamon, Eucalyptus, and Rosemary essential
- · Formulated to support healthy immune function\*
- · Protects against environmental threats
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air though diffusion

31100001	15mL bottle	
\$42.67 retail	\$32.00 wholesale	32 PV

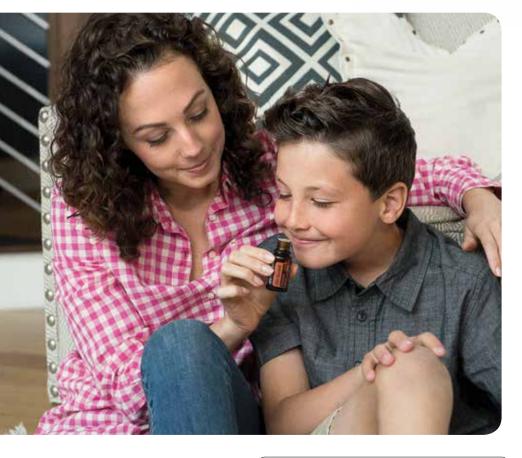


#### **dōTERRA ON GUARD® BEADLET**

dōTERRA On Guard Beadlets provide an easy and convenient way to obtain the immuneboosting benefits\* of doTERRA On Guard Protective Blend.

- · Supports healthy immune function\*
- Provides a convenient consumption method for doTERRA On Guard Protective Blend

31580001	125 beadlets	
\$20.00 retail	\$15.00 wholesale	15 PV





#### dōTERRA ON GUARD® NEW! **SANITIZING MIST**

dōTERRA On Guard Sanitizing Mist kills 99.9% of germs and bacteria through an extremely fine, quick drying mist.

- · Infused with moisturizing apple extract to leave hands feeling soft
- Provides the benefits of doTERRA On Guard essential oil in a convenient mist
- · Perfect size for travel, work, and school

60201944	0.9 fl oz/27mL	
\$8.67 retail	\$6.50 wholesale	5 PV



#### dōTERRA ON GUARD® **FOAMING HAND WASH**

Keep your hands clean and protected with the power of doTERRA On Guard essential oil blend.

- Conveniently packaged in a 16-ounce bottle that fills 8-ounce foaming dispensers
- Formulated with the unique doTERRA On Guard Protective Blend
- Non-toxic and environmentally safe



#### **dōTERRA ON GUARD® FOAMING** HAND WASH WITH 2 DISPENSERS

	16 fl oz/473mL Hand	
\$30.00 retail	\$22.50 wholesale	18.5 PV



#### SINGLE REFILL

38010001	16 fl oz/473mL Hand	Wash
\$24.67 retail	\$18.50 wholesale	18.5 PV



#### TWIN PACK REFILL

38020001	Two 16 fl oz/473mL H	land Wash
\$44.67 retail	\$33.50 wholesale	33.5 PV

#### dōTERRA ON GUARD® LAUNDRY DETERGENT

dōTERRA On Guard Laundry Detergent is a naturally based, highly concentrated 6X laundry detergent that utilizes the power of doTERRA On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.

- Helps rid environmental threats from each load of laundry to keep your family safe and your clothes fresh and clean
- Now contains more doTERRA On Guard Protective Blend than ever
- 64 loads in each bottle; 1 tablespoon = 1 load (using a high efficiency washer)
- Great as a pre-treatment for stains

39020001	32 fl oz/947mL	
\$36.67 retail	\$27.50 wholesale	20 PV

#### dōTERRA ON GUARD® **CLEANER CONCENTRATE**

The ideal cleaner, doTERRA On Guard Concentrate is fortified with doTERRA On Guard Protective Blend.

- Features a non-toxic formula safe for the entire family
- Combines plant-based derivatives with the powerful doTERRA On Guard Protective Blend
- Perfect for hard surface cleaning needs with exceptional results
- · Leaves behind a clean, invigorating scent

38140001	12 fl oz/355mL	
\$19.33 retail	\$14.50 wholesale	10 PV





#### dōTERRA ON GUARD® PROTECTING THROAT DROPS

Keep your winter season healthy with the convenience of these immune-supporting throat drops.

- Helps calm and soothe occasional dry, scratchy throats
- Features the unique properties of doTERRA On Guard Protective Blend
- Formulated with organic cane sugar and brown rice syrup

34050001	30 drops	
\$19.33 retail	\$14.50 wholesale	14.5 PV



#### dōTERRA ON GUARD®+ SOFTGELS

#### PROTECTIVE BLEND

dōTERRA On Guard+ Softgels combine the proprietary blend of doTERRA On Guard essential oil with Black Pepper, Oregano, and Melissa essential oils for additional immune support.\* dōTERRA On Guard+ softgels are a great way to strengthen and maintain healthy immune function when seasonal threats are high, or to protect against elements that can weaken the immune system.\*

- Helps support and maintain a healthy immune system\*
- Protects the body against seasonal threats\*
- Supports healthy circulation and respiratory function\*

**35420001** 60 vegetarian softgels \$32.67 retail \$24.50 wholesale 21 PV



MADE WITH VEGETARIAN SOFTGELS



#### dōTERRA ON GUARD® **NATURAL WHITENING TOOTHPASTE**

Clean teeth gently with the added benefit of dōTERRA On Guard essential oil blend.

- · Fluoride free
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath
- Boasts the protective benefits of doTERRA On Guard essential oil blend

38910001	4 oz	
\$11.33 retail	\$8.50 wholesale	5 PV



#### dōTERRA ON GUARD® **NATURAL WHITENING TOOTHPASTE SAMPLES**

The amazing benefits of doTERRA On Guard Natural Whitening Toothpaste need to be shared and this new convenient packaging provides the opportunity to share it with 10 of your closest friends.

- Pack of 10 in a convenient envelope-style box
- Same formula as the full-sized tube
- Easy to share and convenient to take on-the-go

39000001	10 samples, 2 g each	
\$4.66 retail	\$3.50 wholesale	0 PV

# Quick and Effective CORRECT-X®

Frankincense, Helichrysm, Melaleuca (Tea Tree), Cedarwood, and Lavender—all CPTG® essential oils—form the base of doTERRA Correct-X. This multi-purpose, natural ointment helps soothe your skin and keep it clean while recovering from distress. Correct-X provides a moisture barrier that helps protect against additional damage while simultaneously soothing and hydrating the skin. This petroleum and preservative free ointment absorbs quickly and is gentle and non-irritating, making it ideal for sensitive skin.



#### **CORRECT-X®**

#### **ESSENTIAL OIL OINTMENT**

Correct-X is a natural topical ointment using powerful CPTG essential oils that assist in soothing skin.

- Helps soothe while simultaneously hydrating
- · Absorbs guickly and is gentle and non-irritating, making it ideal for sensitive skin
- Keeps skin clean while recovering from distress
- Keep on hand, when taking children to playground, sporting events, or camping

60110001	.5 fl oz/15mL	
\$16.00 retail	\$12.00 wholesale	10 PV



### Prevent underarm odor with

# dōTERRA® NATURAL DEODORA

#### NATURAL DEODORANT

dōTERRA Natural Deodorant is a natural formula infused with Cypress, Melaleuca (Tea Tree), Cedarwood, and Bergamot essential oils to create an effective, odor-fighting product for both men and women. These powerful essential oils inhibit underarm odor while leaving a fresh, clean scent.

- · Cypress, Melaleuca (Tea Tree), Cedarwood, and Bergamot essential oils provide purifying benefits, helping to reduce underarm odor
- Beeswax provides a protective barrier while allowing skin to breathe, and contributes to the product's smooth application
- · Coconut oil contains fatty-acids, known for their nourishing properties and ability to keep skin smooth and healthy
- Shea butter hydrates skin without leaving a greasy after-feel
- Free of alcohol, aluminum, parabens, and artificial colors and fragrances

37420001	1.7 oz	
\$11.33 retail	\$8.50 wholesale	5 PV



# Keep your skin looking radiant with doterra® essential skin care

dōTERRA Essential Skin Care is a family of skin care products designed to keep your skin feeling and looking young, healthy, and gorgeous by maximizing the natural power of carefully selected CPTG Certified Pure Therapeutic Grade® essential oils combined with cutting-edge ingredient technologies and natural extracts in each product. Target the visible signs of aging and prevent future signs of aging with doTERRA Essential Skin Care.



#### **FACIAL CLEANSER**

dōTERRA Facial Cleanser contains CPTG Certified Pure Therapeutic Grade® essential oils of Melaleuca and Peppermint, known for their ability to purify and tone skin and support a healthy complexion. Natural cleansers of Yucca Root Extract and Soapbark Extract gently wash away impurities leaving skin looking clean, fresh, and smooth.

- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe skin
- · Macadamia seed oil conditions the
- · Vitamin E supports healthy-looking skin

60201753		
\$22.00 retail	\$16.50 wholesale	16.5 PV

#### INVIGORATING SCRUB

Experience fresh, renewed skin with dōTERRA Invigorating Scrub. Grapefruit and Peppermint CPTG® essential oils make exfoliating a refreshing aromatic experience while joioba esters polish your skin. Botanicals of Mandarin Orange Extract, Jasmine Extract, and Greater Burdock Extract tone, smooth, and hvdrate skin.

- · Gentle exfoliating action comes from biodegradable Jojoba esters known for their moisturizing properties to the skin
- · Greater Burdock Extract helps to purify and tone skin
- · Botanical and fruit extracts enhance the aromatic experience

60201773	2.5 oz/70g	
\$24.00 retail	\$18.00 wholesale	18 PV

#### PORE REDUCING TONER

Pore Reducing Toner contains CPTG Certified Pure Therapeutic Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin while innovative fruit and plant extracts tone and balance skin increase hydration, and visibly reduce the appearance of pores to support a healthy-looking complexion.

- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, Lentil Extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores
- Witch Hazel is a natural astringent that helps remove excess oil from the skin and reduces the appearance of pores

60201772	4 fl oz/118mL	
\$25.33 retail	\$19.00 wholesale	19 PV

#### BRIGHTENING GEL NEW!

CPTG® essential oils of Bergamot, Juniper Berry, and Melissa combine with natural extracts, vitamins, and cutting edge ingredient technologies to brighten and even skin tone. doTERRA Brightening Gel is a gentle and effective way to noticeably brighten the skin by reducing the appearance of dark spots and hyperpigmentation without the harsh chemicals used in other brightening products.

- · Daisy Extract is a natural skinbrightening agent that acts by promoting even pigmentation in dark (age) spots
- Ginger Root Extract promotes even skin tone and radiant-looking skin
- · Vitamin C helps to keep the skin looking youthful while providing antipigmentation properties
- · Microencapsulation technology protects vitamin C from breakdown due to oxygen exposure, ensuring both the stability and efficient delivery of the vitamin to the skin

60201777 1 fl oz/30mL \$46.00 retail \$34.50 wholesale 34.5 PV

#### **TIGHTENING SERUM**

Featuring CPTG Certified Pure Therapeutic Grade® essential oils of Frankincense, Hawaiian Sandalwood, and Myrrh, doTERRA Tightening Serum is scientifically formulated to reduce the appearance of fine lines and wrinkles and promote skin hydration. Natural extracts and gums combine with powerful anti-aging ingredients for firmer, younger-looking skin.

- · Contains rhizobian and acacia gum, which provide "lifting" benefits
- Beech Tree Bud Extract tightens and smooths the appearance of skin

60201752	1 fl oz/30mL	
\$66.00 retail	\$49.50 wholesale	49.5 PV

#### ANTI-AGING EYE CREAM NEW!

dōTERRA Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping to reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone. The unique steel rollerball applicator cools and soothes under-eye skin helping reduce the appearance of puffiness and dark circles while gently applying cream to targeted areas.

- Clinically tested
- Meadowfoam seed oil provides deep moisture
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from the first use
- Bakuchiol helps tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles and helps prevent future signs of aging

60201776		
\$60.00 retail	\$45.00 wholesale	45 PV

#### ANTI-AGING MOISTURIZER

dōTERRA Anti-Aging Moisturizer combines cutting-edge ingredients with the CPTG essential oils of Lavender, Jasmine, Geranium, and Frankincense to moisturize and soften skin while providing anti-aging benefits. Peptides and botanicals target the visible signs of aging by improving skin tone and moisturizing the skin, helping to keep skin looking young and

- · Contains ingredients that nourish the skin, helping to reduce the appearance of wrinkles
- Olive Fruit Extract is specifically designed for moisturizing and overall skin care
- Peptides help firm and smooth skin, improving skin tone and texture and helping reduce the appearance of fine lines and wrinkles

60201750	1.7 fl oz/50mL	
\$46.00 retail	\$34.50 wholesale	34.5 PV

#### HYDRATING CREAM

dōTERRA's Hydrating Cream is packed with emollient-rich ingredients and probiotics to provide intense hydration and nourishment to the skin, helping reduce the appearance of fine lines and wrinkles. Probiotics reinforce the skin's natural barrier, helping improve skin's health and beauty and encouraging suppler, younger-looking skin.

- Lactococcus Ferment Lysate helps reinforce the skin's natural barrier, helping promote overall skin health and a youthful appearance
- Laminaria digitata (Oarweed) extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and

60201774	1.7 oz/48g	
\$46.00 retail	\$34.50 wholesale	34.5 PV



#### **IMMORTELLE** ANTI-AGING BLEND

A proprietary blend of powerfully renewing, rare essential oils, used throughout history for their beautifying benefits, Immortelle Anti-Aging Blend is formulated to nourish skin. This essential oil blend of Frankincense, Sandalwood, Lavender, Myrrh, Helichrysum, and Rose helps sustain smoother, more radiant, and youthful-looking skin.

- · Reduces the appearance of fine lines and wrinkles
- Helps reduce the appearance of aging skin

37140001	10mL roll-on	
\$92.67 retail	\$69.50 wholesale	69.5 PV



#### REVEAL FACIAL SYSTEM

Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin's radiance and beauty to the surface.

- and Wild Orange to purify the skin
- Bamboo silk beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Nutrient-rich formula helps maintain a radiant complexion

37340001	two 1.7 oz tubes		
\$80.00 retail	\$60.00 wholesale	60 PV	

### **PURCHASE THE** CUSTOMIZABLE ESSENTIAL SKIN CARE KIT



Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum.

SAVE \$65 BELOW 60203183 SINGLE RETAIL PRICE \$120.00 retail \$90.00 wholesale 85 PV

### AND ADD UP TO TWO PRODUCTS PER KIT ORDER AT AN ADDITIONAL SAVINGS.



Anti-Aging Eye Cream 60201776

\$25.00 20 PV



Anti-Aging Moisturizer 60201750 \$25.00 20 PV



Brightening Gel 60201777

\$25.00 20 PV

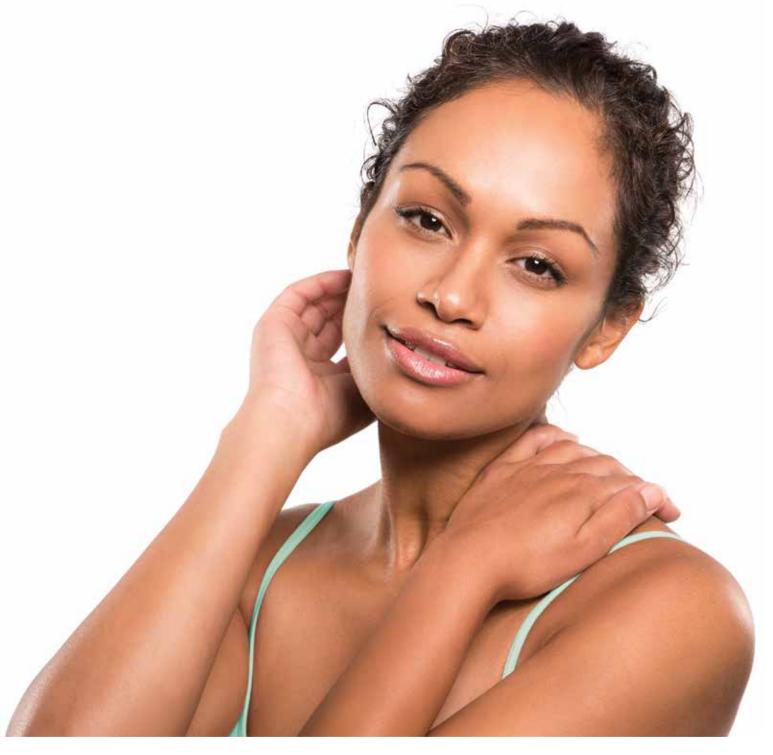


Hydrating Cream 60201774

\$25.00 20 PV

# Healthy, radiant skin with doterra® veráge®

dōTERRA Veráge is an exclusive collection of natural skin care products that nourish your skin, helping to reduce the visible signs of aging while also promoting smooth, supple skin. The advanced plant technology used in Veráge promotes an optimal lipid balance—the same balance found in healthy, youthful-looking skin. Each product is composed of true gifts from the Earthnourishing plant extracts, pure and potent essential oils, and select natural ingredients. The Veráge Skin Care Collection delivers benefits your skin will love, naturally.



#### VERÁGE® CLEANSER

Healthy, smooth skin begins with Veráge Cleanser. This natural gel cleanser purifies skin for a fresh, youthful-looking complexion.

- Infused with CPTG® essential oils of Wild Orange, Melaleuca (Tea Tree), and Basil to gently cleanse and lift away impurities
- Invigorates and cleanses skin while natural emollients nourish and hydrate

37380001	2 fl oz/60mL	
\$33.33 retail	\$25.00 wholesale	25 PV

#### **VERÁGE® TONER**

Veráge Toner combines CPTG® essential oils with nourishing plant extracts to promote the appearance of tightened, toned, and smooth skin-anytime, anywhere. This hydrating toner fortifies and refreshes the skin while invigorating the senses for an energizing boost and a glowing complexion.

- CPTG essential oils of Ylang Ylang, Palmarosa, Cypress, and Coriander tone and balance skin
- Nourishing plant extracts provide targeted moisture and toning to help skin look its best
- Easy mist application

37390001	1.7 fl oz,/50mL	
\$29.33 retail	\$22.00 wholesale	22 PV

#### **VERÁGE® IMMORTELLE** HYDRATING SERUM

Experience the age-defying effects of Veráge Immortelle Hydrating Serum. This powerful formula combines CPTG essential oils with plant extracts for smoother, more youthful-looking skin.

- Utilizes the CPTG essential oils found in the popular Immortelle blend for radiant skin
- Provides optimal lipid balance for smoother, more youthful-looking skin

37400001	.5 fl oz/15mL	
\$86.66 retail	\$65.00 wholesale	65 PV

#### VERÁGE® MOISTURIZER

Veráge Moisturizer combines CPTG essential oils with plant extracts for natural hydration and skin nourishment. This light, non-greasy moisturizer absorbs quickly but hydrates deeply, helping reduce the appearance of fine lines and wrinkles for a smooth, even complexion.

- Formulated with CPTG essential oils of Juniper Berry, Jasmine, Sea Buckthorn Berry, and Geranium—all known to revitalize the skin
- Uses natural ingredients to hydrate skin, helping reduce the appearance of fine lines and wrinkles

37410001		
\$37.33 retail	\$28.00 wholesale	28 PV

#### **CLINICALLY-SUPPORTED** BENEFITS OF THE **VERÁGE INGREDIENTS**

- Smoothes skin texture
- Reduces appearance of wrinkles
- Minimizes the appearance of mechanical creasing
- Minimizes pore appearance
- Evens tone



A collection that brings together Veráge Cleanser, Toner, Immortelle Hydrating Serum, and Moisturizer for beautiful, healthy-looking skin.

42690001	SAVE \$74.00 RETAIL	
\$112.66 retail	\$84.50 wholesale	70 PV

# Clear, smooth skin starts with HD CLEAR®

HD Clear is a line of natural and highly effective products that address problem skin at its core. This three-step system works synergistically to purge skin of impurities; promote a smooth, clear complexion; and help reduce the appearance of blemishes. Included in each formula are CPTG® essential oils along with specialized plant extracts proven to improve skin texture and appearance. Using HD Clear every day will result in a clear, smooth, healthy-looking complexion.

### HD CLEAR® FOAMING FACE WASH

Discover the perfect solution for problem skin of all ages with the doTERRA® HD Clear Foaming Face Wash.

- Designed to thoroughly cleanse without stripping away natural moisture
- Contains CPTG essential oils and plant extracts that will leave your skin extra clean and soft

49420001	1.7 fl oz/50mL	
\$28.00 retail	\$21.00 wholesale	21 PV

#### HD CLEAR® TOPICAL BLEND



Used as a spot treatment or an over-all application, HD Clear Topical Blend promotes clean and healthy-looking complexion with essential oils renowned for their skin-benefiting properties.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Melaleuca (Tea Tree), Eucalyptus, Geranium, and Litsea
- Promotes clear, smooth skin by targeting the site of blemishes

49400001	10mL roll-on	
\$28.00 retail	\$21.00 wholesale	21 PV



#### HD CLEAR® KIT

This kit contains HD Clear Foaming Face Wash, Topical Blend, and Facial Lotion for a beautifully balanced complexion.

42700001	SAVE \$40.00 RETAIL	
\$61.33 retail	\$46.00 wholesale   40 F	

#### **HD CLEAR® FACIAL LOTION**

Enjoy a beautiful, smooth complexion with HD Clear Facial Lotion. This lotion contains natural emollients to promote healthy levels of moisture in the skin for a balanced complexion as well as CPTG® essential oils combined with botanical extracts known to assist in achieving blemish-free skin.

- Features a unique blend of Black Cumin seed oil as well as CPTG essential oils of Ho Wood, Melaleuca (Tea Tree), Eucalyptus, Geranium, and Litsea
- Promotes clear complexion
- Soothes skin

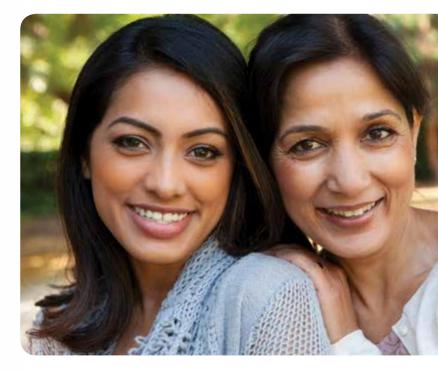
49410001	1.7 fl oz/50mL	
\$45.33 retail	\$34.00 wholesale	34 PV



# doterra® women

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman's good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women gently supports a woman through the menstrual cycle and helps diminish the normal symptoms of menopause.\* dōTERRA Women supports healthy bones and heart as women age, while the essential oil blend provides temporary relief from heightened emotions related to regular hormone cycles in women.\* The dōTERRA Women line of products provides natural support throughout the different phases of life.





#### **CLARYCALM®**

#### MONTHLY BLEND FOR WOMEN



dōTERRA ClaryCalm helps women manage the emotional mood swings of PMS and the transitional phases of menopause in a natural, effective way.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Palmarosa, and Vitex essential oils
- Helps balance mood throughout the month

35270001	10mL roll-on		
\$32.67 retail	\$24.50 wholesale	24.5 PV	

#### **BONE NUTRIENT**

#### **ESSENTIAL COMPLEX**

This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.\*

- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets

35240001	120 capsules	
\$23.33 retail	\$17.50 wholesale	12 PV

### MADE WITH SLS-FREE

#### PHYTOESTROGEN

#### **ESSENTIAL COMPLEX**

dōTERRA Women Phytoestrogen Essential Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.\*

- Includes a standardized soy extract with genistein, a natural phytoestrogen
- Supports a women's transition to menopause with a concentrated extract of flax seed lignans\*
- Supports healthy bones, heart, breast tissue, and other body structures\*

35260001	60 capsules	
\$52.67 retail	\$39.50 wholesale	39.5 PV
	MADE WITH SLS-FREE //EGETABLE CAPSULES	•

### WOMEN'S HEALTH KIT



35250001	\$92.67 retail	\$69.50 wholesale	60 PV	SAVE \$16.00 RETAIL





# Beautiful, shiny hair with dōTERRA SALON ESSENTIALS® HAIR CARE

dōTERRA Salon Essentials® Hair Care products are inspired by the concept that extremely pure botanical extracts combined with the most advanced technological ingredients will provide unparalleled hair care benefits that optimize beautiful hair and a healthy scalp. Carefully selected CPTG® essential oils deliver targeted benefits in all four products. Protecting Shampoo, Smoothing Conditioner, Root to Tip Serum, and Healthy Hold Glaze work collectively or individually to promote healthy, soft, and beautifully shiny hair.

#### CLINICALLY-SUPPORTED BENEFITS OF THE ESSENTIAL HAIR CARE INGREDIENTS

- Helps protect color-treated hair
- Proven softening effects
- Better conditioning and detangling
- Maintains moisture capacity in both hair and scalp
- Strong and smooth-looking hair
- · Less hair breakage
- Proprietary blend of essential oils for healthy-looking hair and scalp



### dōTERRA SALON ESSENTIALS® PROTECTING SHAMPOO

Enjoy the professional formulation of CPTG® essential oils, gentle cleansers, and botanical extracts in dōTERRA Salon Essentials Protecting Shampoo.

- Features a gentle lathering and cleansing boost from Wild Orange and Lime essential oils and plant extracts
- Gently removes impurities collected on the hair and scalp
- Lightly moisturizes hair, leaving it salon soft and touchable

36220001	8.46 fl oz/250mL	
\$26.00 retail	\$19.50 wholesale	19.5 PV
60201185	32 fl oz/947mL	NEW!
\$60.00 retail	\$45.00 wholesale	35 PV

#### döterra salon essentials® Smoothing conditioner

Give your hair a smooth, finished look and protect it with the professional formula of doTERRA Salon Essentials Smoothing Conditioner.

- Features conditioning emollients, botanical extracts, and natural proteins
- Includes a proprietary blend of CPTG essential oils for the hair and scalp
- Smoothes hair and provides an anti-static effect

36230001	8.46 fl oz/250mL	
\$30.67 retail	\$23.00 wholesale	23 PV
60201225	32 fl oz/947mL	NEW!

### dōTERRA SALON ESSENTIALS® SHAMPOO/CONDITIONER SAMPLES

36390001	10 Companion Sets	
\$11.33 retail	\$8.50 wholesale	0 PV

### dōTERRA SALON ESSENTIALS® HEALTHY HOLD GLAZE

Get the all-in-one benefits of a flexible hold, health, and shine for your hair with doTERRA Salon Essentials Healthy Hold Glaze.

- Provides immediate conditioning, smoothing, and shine
- When hair is untamable, apply for a light hold and perfect, soft style
- Helps keep hair looking healthy even when exposed to sunlight and blow drying
- Heat-activated conditioning

36270001	4 fl oz/120 mL	
\$24.00 retail	\$18.00 wholesale	15 PV

### dōTERRA SALON ESSENTIALS® ROOT TO TIP SERUM

The Root to Tip Serum provides a healthy environment for your scalp and maximizes the strength and shine of your hair.

- Infused with Lavender, Peppermint, Marjoram, Cedarwood, Lavandin, Rosemary, Niaouli, and Eucalyptus essential oils
- Provides extended protection and hydration to your scalp and hair

49050001	1 fl oz/30mL	
\$46.67 retail	\$35.00 wholesale	35 PV

### dōTERRA SALON ESSENTIALS® HAIR CARE SYSTEM

dōTERRA Salon Essentials Hair Care System is the perfect way to experience the amazing benefits of all four dōTERRA hair care products and provide great savings. By purchasing the Protecting Shampoo, Smoothing Conditioner, and the Root to Tip Serum in the dōTERRA Salon Essentials Hair Care System, Healthy Hold Glaze comes FREE!

36280001		
\$103.33 retail	\$77.50 wholesale	70 PV

#### LOYALTY REWARDS PRICING



#### PROTECTING SHAMPOO 2-PACK

36240001		
\$32.67 retail	\$24.50 wholesale	19.5 PV

#### **SMOOTHING CONDITIONER 2-PACK**

36250001		
\$38.67 retail	\$28.00 wholesale	23 PV

#### SHAMPOO AND CONDITIONER

36260001		
\$37.33 retail	\$28.00 wholesale	23 PV

### Pamper yourself with

# doTERRA®SPA

dōTERRA SPA is a line of CPTG® essential oil-infused products that provide an aromatic and pampering at-home spa experience. Each product has been carefully formulated with natural ingredients that leave your skin feeling soft, smooth, and fresh all day long.



#### REFRESHING BODY WASH

dōTERRA SPA Refreshing Body Wash is a natural, oilinfused body wash that provides a rich cleansing and aromatic spa experience.

- Bergamot essential oil purifies and soothes skin and provides an uplifting, yet grounding aroma
- Grapefruit is cleansing to the skin and has an energizing scent that uplifts mood
- Sodium Methyl Oleoyl Taurate is a mild cleanser derived from essential fatty acids found in vegetable fats and oils

37460001	8.45 fl oz/250mL	
\$17.00 retail	\$12.75 wholesale	10 PV

#### REPLENISHING BODY BUTTER

Pamper your skin with the rich hydration and luxurious feel of doTERRA SPA Replenishing Body Butter. The base of this natural formula combines shea and cocoa seed butters, known for their deep moisturization and ability to promote skin suppleness.

- Wild Orange essential oil is known for its purifying
- · Douglas Fir essential oil is purifying to the skin and provides uplifting aromatic benefits
- · Frankincense essential oil is rejuvenating to the skin and has a balancing effect on emotions

37470001	7 oz/198g	
\$23.33 retail	\$17.50 wholesale	15 PV

#### **DETOXIFYING MUD MASK**

The doTERRA SPA Detoxifying Mud Mask is a natural clay mask that provides purifying and detoxifying benefits while reducing the appearance of pores, fine lines, and wrinkles.

- Infused with Myrrh, Juniper Berry, and Grapefruit essential oils-known for their cleansing and smoothing benefits
- Shea butter provides moisturization and balances the skin
- Malachite extract is rich in copper and provides detoxifying benefits

37490001	4 oz/113.4g	
\$19.33 retail	\$14.50 wholesale	12 PV



#### **HAND & BODY LOTION**

Indulge your skin in doTERRA SPA Hand & Body Lotion—a light, non-greasy formula that contains jojoba and macadamia seed oils, murumuru and cupuassu seed butters, and nourishing plant extracts.

- · Easily blend with your favorite essential oil for a customized aromatic experience
- · Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

37510001	6.7 fl oz/200mL	
\$20.00 retail	\$15.00 wholesale	13 PV

#### 3-PACK 60200498

\$50.67 retail \$38.00 wholesale 30 PV

#### CITRUS BLISS® HAND LOTION

dōTERRA SPA Citrus Bliss Hand Lotion is a light and silky lotion infused with hydrating seed oils and nourishing botanicals. This non-greasy formula absorbs quickly yet provides optimal moisture for healthylooking hands.

- Citrus Bliss essential oil blend's refreshing aroma helps reduce stress and uplifts mood
- Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Convenient size, perfect for travel or for use while at home or work

37500001	7500001 2.5 fl oz/75mL	
\$9.27 retail	\$6.95 wholesale	5 PV

#### LIP BALMS

dōTERRA SPA Lip Balm is a natural formula containing plant oils, botanicals, and essential oils to hydrate and soothe lips while delivering the unique scent and taste of essential oils. Along with our new formula, we've added two new flavors to our original blend of Wild Orange and Peppermint. Experience the scents of paradise with Ylang Ylang, Clementine, and Lime essential oils found in our Tropical Lip Balm; or, invigorate the senses with our Herbal Lip Balm containing Lemon Verbena, Marjoram, and Spearmint essential oils

- Each lip balm contains a select blend of essential oils that provides a unique sensory experience
- Moringa oil is an emollient that helps improve how the lips look and feel
- · Avocado oil provides hydration, essential fatty acids, and softens lips to keep them looking healthy

#### **EXFOLIATING BODY SCRUB**

dōTERRA SPA Exfoliating Body Scrub is a natural, indulgent body scrub that gently exfoliates and polishes skin with sugar cane, leaving a healthy, natural

- Wild Orange and Grapefruit essential oils cleanse and purify skin
- · Ginger essential oil is soothing and warming to the
- Natural sugar cane gently exfoliates skin

37480001	8 oz/226g	
\$26.00 retail	\$19.50 wholesale	15 PV

#### **ORIGINAL**

37530001	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

#### **TROPICAL**

37540001	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

#### HERBAL

37550001	0.16 oz/4.5g	
\$8.67 retail	\$6.50 wholesale	5 PV

#### **VARIETY 3-PACK**

37570001		
\$20.00 retail	\$15.00 wholesale	10 PV









#### MOISTURIZING BATH BAR

dōTERRA SPA Moisturizing Bath Bar is a one-of-akind bar that provides a unique feel, lather, aroma, and cleansing experience.

- Bergamot essential oil purifies and soothes skin
- Grapefruit is cleansing to the skin and has an energizing scent that uplifts mood
- Jojoba seed oil deeply moisturizes

37450001	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV

#### MOISTURIZING BATH BAR 3-PACK

60201595		
\$19.33 retail	\$14.50 wholesale	10 PV

#### dōTERRA SERENITY® BATH BAR

Enjoy a rich, cleansing, aromatic spa experience, infused with doTERRA Serenity Restful Blend.

- dōTERRA Serenity essential oil blend promotes relaxation and a restful sleeping environment
- Jojoba seed oil is highly regarded in the cosmetic industry and known for its quick absorption and ability to deeply moisturize
- Vegetable-derived glycerin hydrates skin and helps retain moisture while providing a smooth application of gentle suds

60201092	4 oz/113g	
\$9.00 retail	\$6.75 wholesale	5 PV
3-PACK		
60201595		
\$19.33 retail	\$14.50 wholesale	10 PV

#### CITRUS BLISS® **INVIGORATING BATH BAR**

Enter a state of bliss as you clean your body with the Citrus Bliss Invigorating Bath Bar.

- Contains dōTERRA® Citrus Bliss Invigorating Blend
- Perfect for every member of the family
- Gently exfoliates with natural oatmeal

36130001	4 oz/113g	
\$9.32 retail	\$6.99 wholesale	5 PV



#### dōTERRA® SPA BASICS KIT

Hand & Body Lotion, Body Wash

60200499 SAVE \$6.33 RETAIL \$30.67 retail \$23.00 wholesale 17 PV

#### TOTAL dōTERRA® SPA KIT

Moisturizing Bath Bar, doTERRA Serenity® Bath Bar, Body Wash, Exfoliating Scrub, Mud Mask, Body Butter, Hand & Body Lotion, Citrus Bliss, Lip Balm (Tropical, Original, Herbal)

60200501	SAVE \$31.27 RETAIL	
\$125.33 retail	\$94.00 wholesale	65 PV

#### dōTERRA® SPA LUXURY KIT

Body Scrub, Mud Mask, Body Butter

60200502	SAVE \$12.66 RETAIL	L
\$56.00 retail	\$42.00 wholesale	32 PV









# doterra Healing Hands FOUNDATION®

The doTERRA Healing Hands Foundation® is doTERRA International's registered 501(c)(3) non-profit organization committed to improving lives through partnering with organizations that offer hope to millions around the world. The foundation seeks to bring healing and hope to the world, for lives free of disease and poverty, and to ultimately empower impoverished communities with the tools needed to become self-reliant, doTERRA International, LLC, provides all the overhead and administrative costs of the doTERRA Healing Hands Foundation, ensuring that 100 percent of all donations go directly to those receiving aid. For more information, please visit doterrahealinghands.org.



#### TAX-DEDUCTIBLE CASH **DONATION**

20010001	\$1.00
20030001	\$10.00
20040001	\$25.00
20050001	\$100.00

#### dōTERRA® SPA **ROSE HAND LOTION**

dōTERRA SPA Rose Hand Lotion is a light, alluring lotion with CPTG® Rose essential oil that promotes smooth, beautiful skin. This silky formula contains natural moisturizers and humectants that leave hands soft, supple. and nourished. Known for its skin-beneficial properties, Rose essential oil enhances this lotion with the authentic and uplifting aroma of rose petals.

- · Bulgarian Rose essential oil is known for its ability to promote smooth, glowing skin
- · Sunflower and macadamia seed oils are known for their exceptional moisturizing properties and ability to retain moisture in the skin
- Non-greasy formula absorbs quickly leaving skin looking healthy, soft, and smooth

37520001	3.3 fl oz/100mL	
\$20.00 retail	\$20.00 wholesale	0 PV

#### dōTERRA HOPE™ TOUCH

dōTERRA Hope Touch is a distinct essential oil blend that combines the fresh scent of Bergamot with Ylang Ylang, Frankincense, and the sweet scent of Vanilla Bean Absolute. With each purchase of doTERRA Hope Touch, the full purchase price (\$20.00) is donated to the dōTERRA Healing Hands Foundation which supports OUR Rescue, an organization of the world's experts in extraction operations and anti-child-trafficking.

- · Apply to wrists, neck, and pulse points for a personalized fragrance
- Keep in purse and apply throughout the day to uplift
- · Roll on a sachet and keep in drawers or closets to give clothes a fresh scent

60200879	10mL roll-on	
\$20.00 retail	\$20.00 wholesale	0 PV

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE [of Florida]. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.

A copy of the current financial statement of the doTERRA Healing Hands Foundation is available by writing 389 S 1300 W, Pleasant Grove UT 84062, or by calling (801) 437-7918. Documents and <u>information submitted under the Maryland Solicitations Act are also available, for the cost of postage</u> and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, (410) 974-5534.

For the state of North Carolina, financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-807-2214. The license is not an endorsement by the State.



### $dar{o}TERRA^{\circ}$ AILY VITALITY

dōTERRA Lifelong Vitality Pack® supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.\* Coupled with doTERRA CPTG Certified Pure Therapeutic Grade® essential oils and a lifelong commitment to the doTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling, and living younger, longer.







#### ALPHA CRS®+

#### CELLULAR VITALITY COMPLEX

Provides antioxidant protection to cellular DNA and other critical cell structures.\*

- · Supports healthy cell proliferation and lifespan\*
- Promotes mitochondrial energy production\*
- · Supports a healthy response to oxidative stress\*
- Features botanical extracts, carotenoids, and polyphenols as well as a cellular energy blend\*

35370001	120 vegetable caps	ules
\$92.67 retail	\$69.50 wholesale	69.5 PV



#### **xEO MEGA®**

#### ESSENTIAL OIL OMEGA COMPLEX

xEO Mega is a revolutionary formula that blends CPTG Certified Pure Therapeutic Grade® essential oils with natural marine- and plant-sourced omega-3 oils and carotenoids.

- Supports cardiovascular, immune, joint, and brain
- Delivers equal ratio of EPA and DHA from sustainable fish oil concentrates and Echium oil with SDA and GLA fatty acids
- Complete spectrum of carotenoids and vitamin E for antioxidant protection, plus vitamin D\*
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile essential oils

35360001	120 vegetarian soft	gels
\$66.00 retail	\$49.50 wholesale	49.5 PV



#### MICROPLEX VMz®

#### FOOD NUTRIENT COMPLEX

dōTERRA® Microplex VMz is an all-natural, whole-food formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A,C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health\*
- · Optimizes nutrient absorption with a whole-food blend and an enzyme delivery system\*
- · Features the doTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach\*
- Encapsulated in vegetable capsules and does not contain wheat or dairy

35350001	120 vegetable capsi	ules
\$52.67 retail	\$39.50 wholesale	39.5 PV







Save nearly 50% by purchasing all three products in the Lifelong Vitality Pack on your Loyalty Rewards order! Join as a dōTERRA member and save even more!



#### **dōTERRA LIFELONG VITALITY PACK®** DIETARY SUPPLEMENTS INCLUDING ALPHA CRS®+, MICROPLEX VMz®, AND xEO MEGA®

21480001		
\$106.00 retail	\$79.50 wholesale	60 PV



#### **dōTERRA VEGAN LIFELONG VITALITY PACK®** DIETARY SUPPLEMENTS INCLUDING ALPHA CRS®+, VEGAN MICROPLEX VMz®, AND vEO MEGA®

60201121		
\$119.33 retail	\$89.50 wholesale	60 PV

OR

### Customize and Save

With the purchase of one dōTERRA Lifelong Vitality Pack® or one dōTERRA Daily Nutrient Pack® via the Loyalty Rewards Program, choose up to 3 additional targeted supplements at a significant savings.

# BUY 1 dōTERRA LIFELONG VITALITY PACK® OR dōTERRA DAILY NUTRIENT PACK®



\$79.50 wholesale 60 PV



\$89.50 wholesale 60 PV



\$59.50 wholesale 50 PV

#### AND CHOOSE UP TO 3 ADDITIONAL SUPPLEMENTS AT REDUCED PRICES.



Microplex  $VMz^{\ast}$ \$20.00 10 PV



xEO Mega® \$20.00 10 PV



OR

Mito2 Max\* \$20.00 10 PV



Deep Blue Polyphenol Complex\* \$20.00

10 PV



DigestZen TerraZyme\* \$20.00 10 PV



PB Assist\*+ \$20.00 10 PV



10 PV

Kids Kit (IQ Mega® & a2z) \$25.00

# $d\bar{o}TERRA^{\circ}$ Specialized **SUPPLEMENTS**

Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, doTERRA has provided a way to give that extra boost with specialized supplements. These supplements can be used in addition to the doTERRA LifeLong Vitality Pack® to enhance certain functions.



#### MITO2MAX®

#### **ENERGY & STAMINA COMPLEX**

Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.\*

- Promotes better microcirculation with Oligonol®† lychee fruit extract, quercetin, and other standardized plant
- Potent, full spectrum of mitochondrial energy cofactors supporting cellular aerobic capacity and energy production\*
- · Free of stimulants; non habit forming

34350001	60 vegetable capsu	ules
\$52.67 retail	\$39.50 wholesale	39.5 PV







#### **TERRAGREENS®**

Give your daily intake of fruits and vegetables a boost with this powdered supplement mix designed to be taken with water. Slim & Sassv® TrimShakes, or your favorite beverage.

- Blend of leafy greens and super fruits
- Chock full of naturally occurring vitamins and minerals
- Provides important antioxidants
- Flavored with Lemon and Ginger CPTG® essential oils

60120001	300 g	
\$37.33 retail	\$28.00 wholesale	20 PV





#### **vEO MEGA®**

#### ESSENTIAL OIL OMEGA COMPLEX

vEO Mega is a revolutionary, vegeterian-friendly formula blending CPTG Certified Pure Therapeutic Grade® essential oils with natural, plant-sourced essential fatty acids.

- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile essential oils
- Includes essential fatty acids from flax, algae, incha inchi seed, borage, cranberry, pomegranate, pumpkin, and grape seed oils
- Supports healthy cardiovascular, immune, joint, and brain health\*
- Includes a unique form of the carotenoid astaxanthin for antioxidant support\*

34480001	120 liquicaps	
\$66.00 retail	\$49.50 wholesale	49.5 PV





#### **VEGAN MICROPLEX VMz®**

#### FOOD NUTRIENT COMPLEX

dōTERRA® Vegan Microplex VMz is an all-natural, whole-food vegan formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health\*
- Optimizes nutrient absorption with a whole-food blend and an enzyme delivery system\*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach\*
- Encapsulated in vegetable capsules and does not contain wheat, dairy, or gluten

60201122	120 vegetable capsules	
\$66.00 retail	\$49.50 wholesale	39.5 PV





#### **DEEP BLUE**

#### POLYPHENOL COMPLEX®

A nutritional supplement that contains powerful polyphenols clinically tested to help with occasional soreness and discomfort.\*

- Patent-pending, fast-acting boswellia extract shown to help support joint comfort and function\*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort\*
- Can be used in tandem with Deep Blue® Rub or Deep Blue Soothing Blend

34360001	60 vegetable capsules	
\$79.33 retail	\$59.50 wholesale	59.5 PV
MADE WITH SLS-FREE VEGETABLE CAPSULES		





#### DDR PRIME® / DDR PRIME® SOFTGELS

#### **ESSENTIAL OIL**

#### **CELLULAR COMPLEX**

DDR Prime is a proprietary blend of CPTG Certified Pure Therapeutic Grade\* essential oils that help protect the body against oxidative stress to cellular DNA.\*

- Provides antioxidant protection against oxidative stress\*
- Supports a healthy response to cellular stressors\*
- Promotes healthy cellular response and regeneration\*

41510001	30mL bottle	
\$73.33 retail	\$55.00 wholesale	55 PV
		1
34410001	60 vegetarian softge	els





#### TRIEASE® SOFTGELS

#### SEASONAL BLEND

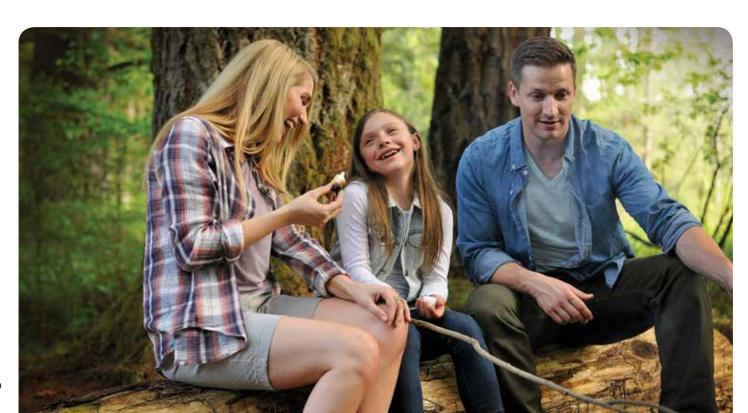
TriEase Softgels were developed to protect against seasonal and environmental elements and to support a healthy respiratory system when needed most.\* Each softgel contains equal parts of Lemon, Lavender, and Peppermint essential oils, known for their ability to maintain clear breathing and a healthy respiratory function when combined together.\*

- Promotes clear breathing and respiratory function\*
- Supports healthy immune system function\*
- Cleansing to the body's systems\*

49310001	60 vegetarian softgels	
\$30.00 retail	\$22.50 wholesale	20 PV



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





### DigestZen®

# **IGESTIVE HEALTH**

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in energy deficiencies, compromised immunities, weight gain, and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.\*



#### **DIGESTZEN TERRAZYME®**

DIGESTIVE ENZYME COMPLEX

DigestzenTerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.\*

- Supports the body's constant production of enzymes critical for healthy biochemical functions\*
- · Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy\*
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, and fiber\*

35110001	90 vegetable capsules	
\$50.00 retail	\$37.50 wholesale	37.5 PV
	MADE WITH SLS-FREE VEGETABLE CAPSULES	



#### GX ASSIST®

#### GI CLEANSING FORMULA

Cleanse your GI tract before starting with PB Assist+ with this combination of CPTG Certified Pure Therapeutic Grade® essential oils.\*

- · Features Oregano, Melaleuca (Tea Tree), Lemon, Lemongrass, Peppermint, and Thyme essential oils as well as caprylic acid
- · Helps support a healthy digestive tract by creating an unfriendly environment for potential threats\*
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+ Probiotic Defense Formula\*

35040001	60 softgels	
\$34.67 retail	\$26.00 wholesale	26 PV
_	'	

MADE WITH ENTERIC SOFTGELS



#### PB ASSIST®+

#### PROBIOTIC DEFENSE FORMULA

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.\*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth\*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid
- · Supports healthy digestive function and immunity\*

35160001	30 vegetable capsules	
\$46.00 retail	\$34.50 wholesale	34.5 PV
	MADE WITH SLS-FREE VEGETABLE CAPSULES	





#### DIGESTZEN® TOP SELLER DIGESTIVE BLEND

ATUN

The well-recognized essential oils in DigestZen are known for providing soothing digestive

- Features a proprietary blend of Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander, and Star Anise essential oils
- Aids in the digestion of foods\*
- · Maintains a healthy gastro-intestinal tract\*
- · Soothes occasional stomach upset\*

31030001	15mL bottle	
\$41.33 retail	\$31.00 wholesale	31 PV

#### **DIGESTZEN®**

#### **SOFTGELS**

dōTERRA® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.\*

- · Soothes occasional indigestion and eases stomach
- · Supports healthy gastrointestinal function\*
- · Promotes healthy digestion\*

35430001	60 vegetarian softg	els
\$26.00 retail	\$19.50 wholesale	15 PV



MADE WITH VEGETARIAN SOFTGELS





#### **DIGESTTAB®**

#### CHEWABLE TABLETS

DigestTab is a calcium carbonate tablet that is infused with DigestZen Digestive Blend to deliver the benefits of the essential oil blend as well as the acid-neutralizing benefits of calcium carbonate.\*

- Helps provide relief from occasional heartburn and indigestion while promoting the overall health of the gastrointestinal tract\*
- Use with or between meals as needed for relief from occasional stomach upset, indigestion, and heartburn\*
- · Helps provide relief from occasional sour stomach\*
- Provides 200 mg of calcium per tablet

34380001	100 chewable tablets	
\$18.67 retail	\$14.00 wholesale	10 PV



#### ZENDOCRINE® **DETOXIFICATION BLEND**







Support your body's natural detoxification systems with Zendocrine.\*

- Features a proprietary blend of Tangerine, Rosemary, Juniper Berry, Cilantro, and Geranium essential oils
- Supports healthy liver function\*
- Can be used individually or in combination with Zendocrine Detoxification Complex

31460001	15mL bottle	
\$32.67 retail	\$24.50 wholesale	24.5 PV

#### **ZENDOCRINE®**

#### **DETOXIFICATION COMPLEX**

Support your body's filtering and waste management system with the proprietary Zendocrine Detoxification Complex.\*

- Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin\*

35120001	60 vegetable capsules	
\$32.67 retail	\$24.50 wholesale	24.5 PV



### ZENDOCRINE® SOFTGELS

**DETOXIFICATION BLEND** 

Zendocrine Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling.\* Zendocrine Softgels provide an easy and convenient way to consume Zendocrine essential oil blend, a proprietary formula that helps detoxify the body, promote healthy liver, lung, kidney, colon, and skin function.\*

- Supports the body's natural ability to rid itself of unwanted substances\*
- · Promotes healthy liver, lung, kidney, colon, and skin function\*

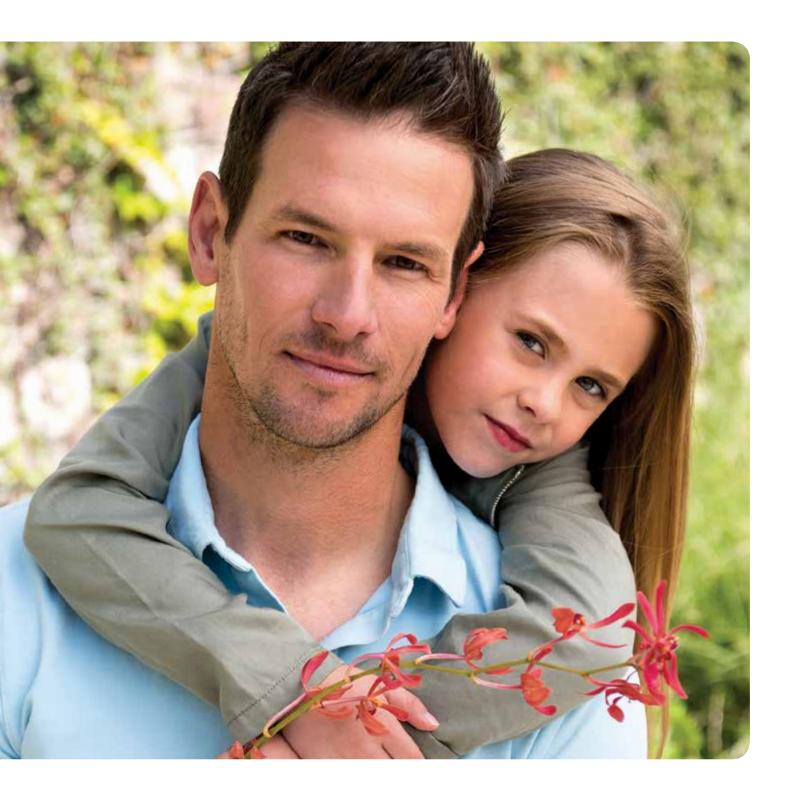
34280001	60 vegetarian softgels	
\$32.67 retail	\$24.50 wholesale	21.5 PV





# dōTERRA® Children's SUPPLEMENTS

Inspired by the doTERRA Lifelong Vitality Pack®, these products make it easy to enjoy taking omega-3s, whole food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.



#### dōTERRA a2z CHEWABLE™

Designed for children and adults who have difficulty swallowing capsules, doTERRA a2z Chewable tablets provide the nutrients your body needs for optimal health.\*

- · Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection\*
- Promotes healthy cell development and longevity when taken daily\*
- Now a great watermelon flavor!

34500001		
\$26.00 retail	\$19.50 wholesale	15 PV



#### PB ASSIST® JR

PB Assist Jr is a powdered probiotic supplement designed for children or adults who have trouble swallowing pills. Five billion live cells have been blended into a delicious powder that can be poured directly into the mouth for a fun and tasty way to integrate probiotics into anyone's daily routine.\*

- 5 billion live cells of 6 different probiotic strains
- · Strains specifically selected for their benefits among children
- Microencapsulated to help probiotics survive until they reach the intestines
- Supports healthy functioning of the digestive and immune systems \*
- · Tastes great
- Sugar-free

#### IQ MEGA®

IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides over 1,500 mg omega-3s per serving
- · Supports healthy brain, cardiovascular, immune, and joint function\*
- Formulated to be used with doTERRA a2z Chewable tablets

35320001	150mL	
\$46.00 retail	\$34.50 wholesale	30 PV



# Weight management with SLIM & SASSY®

The doTERRA® Slim & Sassy line of products encourages overall health and wellness through attaining and maintaining healthy body weight.\* Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend, TrimShake, and our premier line of supplements into your lifestyle!

#### SLIM & SASSY® TOP SELLER METABOLIC BLEND







Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.'

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils
- · Promotes healthy metabolism\*
- · Helps manage hunger cravings\*
- · Calms your stomach and lifts your mood\*
- · Diuretic-, stimulant-, and calorie-free

31370001			
\$32.67 retail	\$24.50 wholesale	24.5 PV	





#### SLIM & SASSY® SOFTGELS

Slim & Sassy Softgels contain doTERRA's proprietary Slim & Sassy essential oil blend in convenient softgels to promote weight management in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils known to help manage hunger throughout the day while boosting metabolism and promoting a positive mood.\*

- · Supports healthy metabolism\*
- · Helps manage hunger cravings\*
- · Promotes healthy digestion\*
- · Perfect for any weight management program\*

34270001	90 vegetarian softgels		
\$46.00 retail	\$34.50 wholesale	30 PV	





#### SLIM & SASSY® **METABOLIC GUM**

Slim & Sassy metabolic oil blend helps manage cravings throughout the day while supporting healthy metabolism. There is one drop of Slim & Sassy essential oil blend in each piece of sugar-free gum.

- · Promotes healthy metabolism
- Helps manage hunger cravings
- Sugar free with natural sweeteners
- One drop of Slim & Sassy oil blend in every piece
- · Long-lasting flavor

60200347	32 pieces	
\$11.33 retail	\$8.50 wholesale	5 PV



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



"I use  $Slim\,\&\, Sassy\, oil\, blend,\, Trim Shake,\, and\, the\, dar{o}\, TERRA\, Lifelong\, Vitality\, Pack ^{\oplus}\, daily.\, I have\, more\, energy\, to\, do\, my$ daily responsibilities. I have self-esteem to hold conversations about the oils I use. I'm not ashamed to look people in the eye when talking to them about wellness now that I'm doing it myself!"

Beth P., Danville, AL

#### **SLIM & SASSY® TRIMSHAKE**

Slim & Sassy TrimShake is a convenient, delicious shake mix that provides essential nutrients.

- TrimShake can help you lose unwanted fat stores through calorie restriction and regular exercise
- Includes the patented weight-management ingredient EssentraTrim®† to help reduce food cravings and overeating
- Includes Solathin®‡, a special protein extract that supports increased feelings of satiety
- · Blends well with nonfat dairy, almond, rice, and soy milk or water

35180001	vanilla		
\$52.67 retail	\$39.50 wholesale 25 PV		
35200001	chocolate		
\$52.67 retail	\$39.50 wholesale	25 PV	

#### **V SHAKE**

Introducing a vegetarian alternative to weight management shakes. Slim & Sassy V Shake provides the same benefits as TrimShake with the exception of all the ingredients being plant-sourced and vegetarian-friendly.

- Includes Solathin® and EssentraTrim®
- 7 grams of plant-sourced protein
- · Protein sourced from pea, quinoa, and amaranth
- · Versatile flavor, mixes easily with favorite fruits, milks, or juices
- · No artificial sweeteners, flavors, colors, or preservatives

35440001		
\$52.67 retail	\$39.50 wholesale	25 PV

#### **SLIM & SASSY® TRIM KIT**

Four 15mL bottles Slim & Sassy Metabolic Blend and 2 TrimShakes. SAVE \$36.02 RETAIL

40770001	1 chocolate, 1 vanilla	1	
\$200 retail	\$150 wholesale	125 PV	

35280001	2 chocolate	
\$200 retail	\$150 wholesale	125 PV

35290001	2 vanilla		60130001	2 V shakes
\$200 retail	\$150 wholesale	125 PV	\$200 retail	\$150 wholesale

### **ESSENTRATRIM®**

125 mg of EssentraTrim®, a patented extract of Ashwagandha that has been clinically demonstrated to help control stressinduced appetite, overeating, and carbohydrate cravings; helps support blood sugar levels already in the normal range and enhances energy levels while helping alleviate fatigue during dieting and exercise.

#### †Essentra Trim is a registered trademark of Nutra Genesis LLC

### **SOLATHIN®**

Slim & Sassy® TrimShake includes 50 mg of Solathin® per serving, a special protein extract from natural food sources that supports an increased feeling of satiety. Solathin\* has also been demonstrated to help control snacking between meals, portion control, and feeling full faster and longer. Along with being a source of protein, Solathin® is also hypo-allergenic and enhances the flavor and texture of TrimShake.

125 PV





### $The\ dar{o}TERRA$

# LOYALTY REWARDS PROGRAM

Do you have a favorite dōTERRA product you cannot live without? Would you enjoy the convenience of receiving dōTERRA Lifelong Vitality Pack® automatically each month? Would you like to earn free product every time you place an order? The dōTERRA Loyalty Rewards Program (LRP) provides a convenient way to receive an automatic monthly order of your favorite dōTERRA products delivered directly to your home. Each month you participate in the Loyalty Rewards Program, you earn an increasing number of LRP credits that can be used as cash to purchase product—earn up to 30 percent on qualified LRP orders! You can change the products in your monthly order or cancel your LRP agreement at any time without obligation. Talk to the Wellness Advocate who gave you this product guide or call 1-800-411-8151 for more complete program information.

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